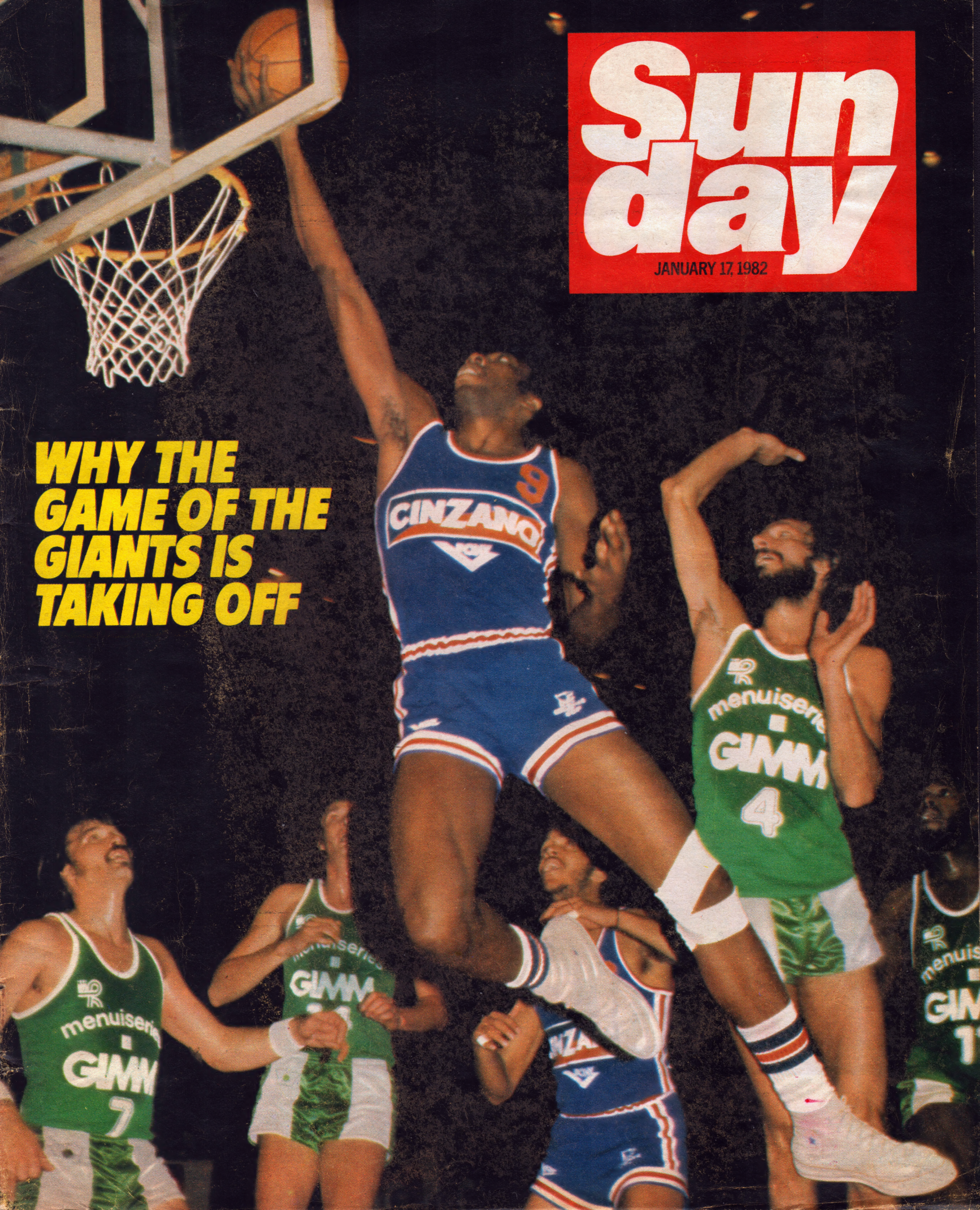
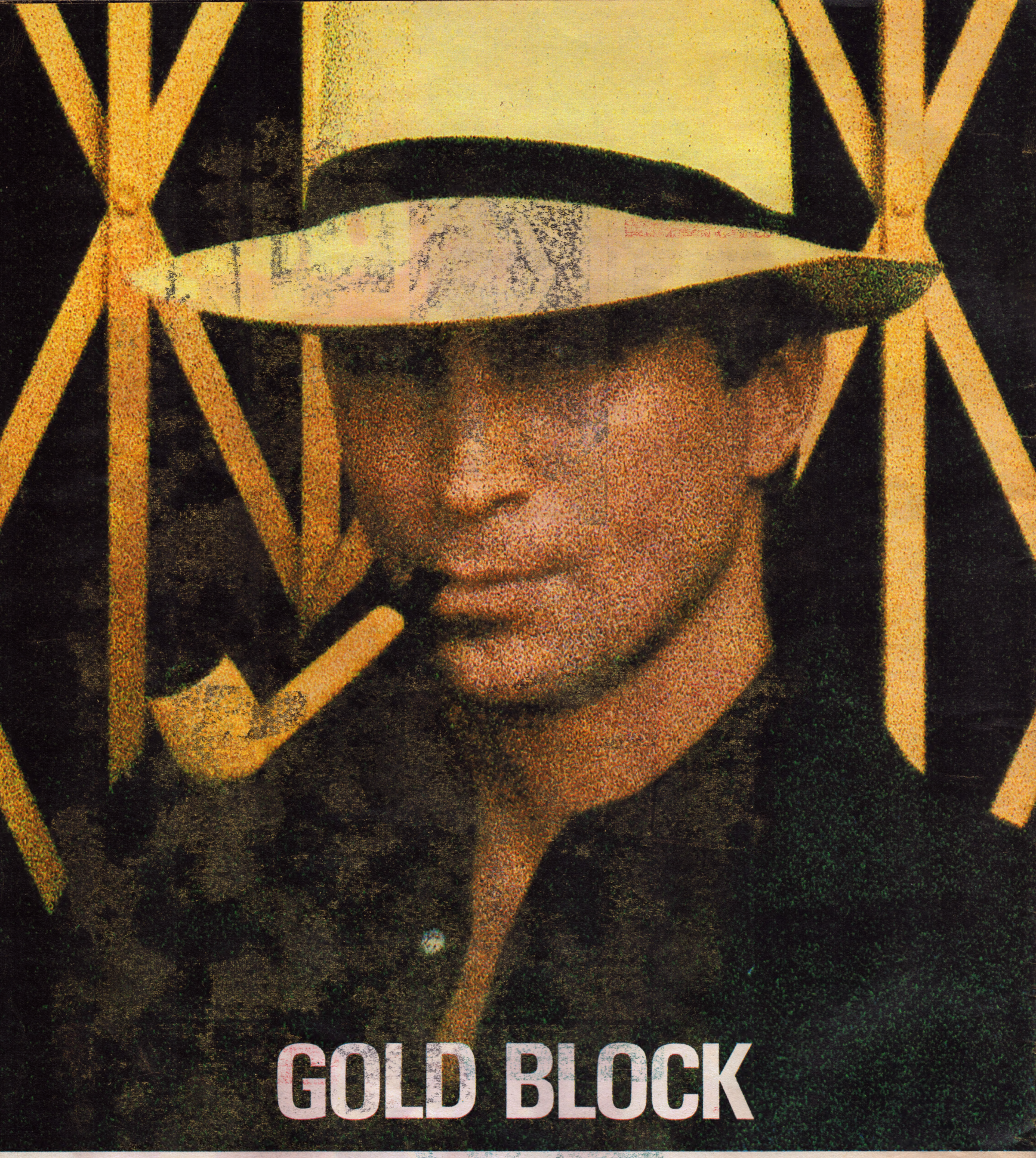
Sunday

JANUARY 17, 1982

WHY THE GAME OF THE GIANTS IS TAKING OFF





Why compromise?

OGB12F

Sunday+6

JANUARY 17, 1982

The magazine that starts your week —published with the News of the World

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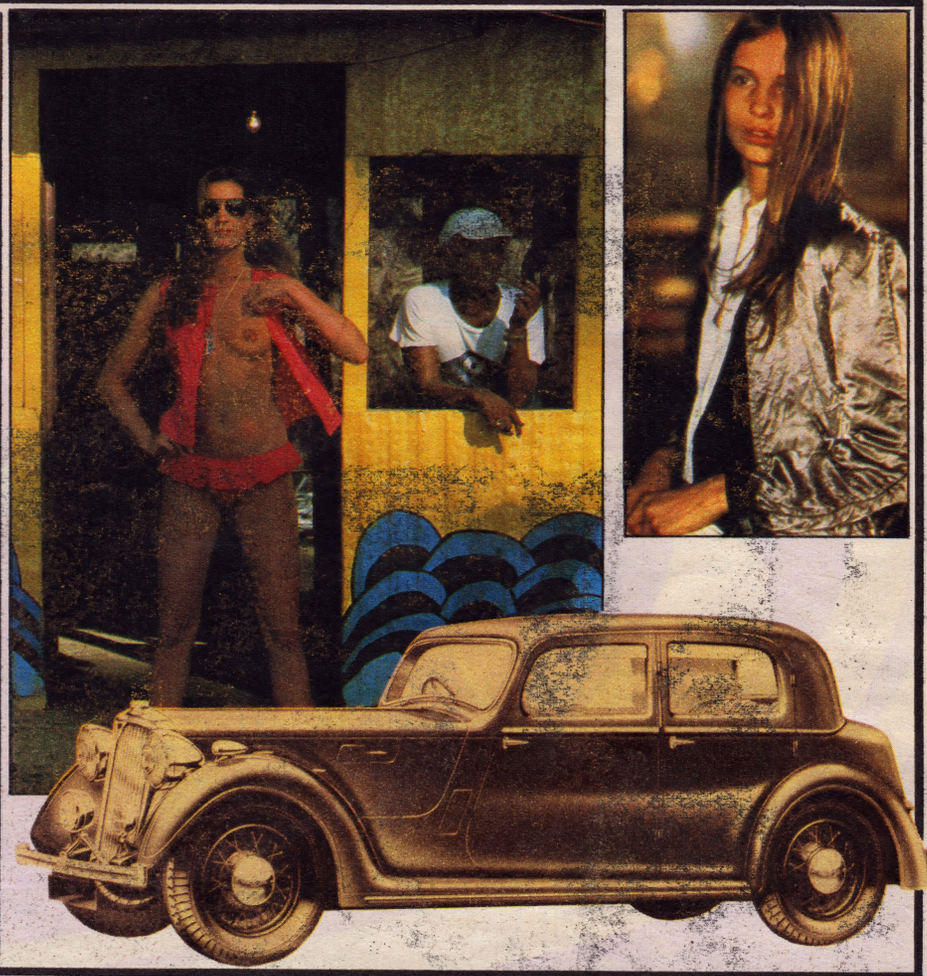

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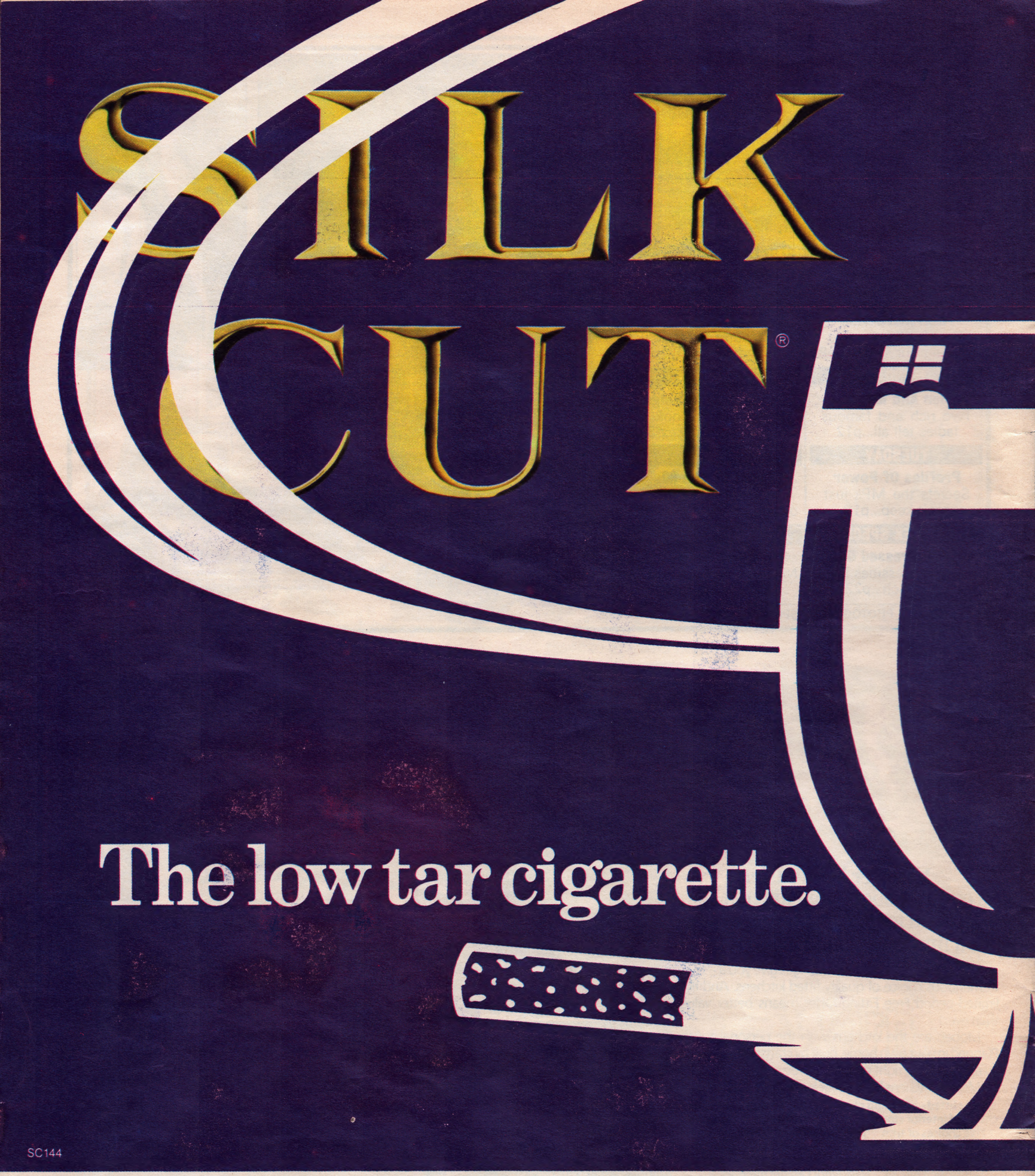

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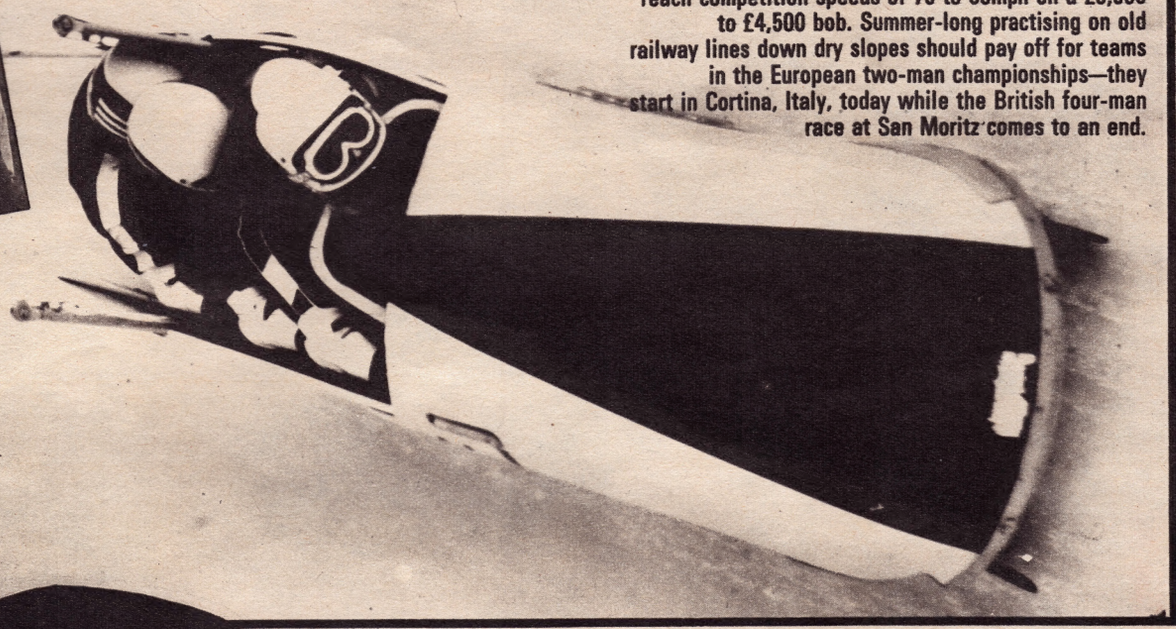
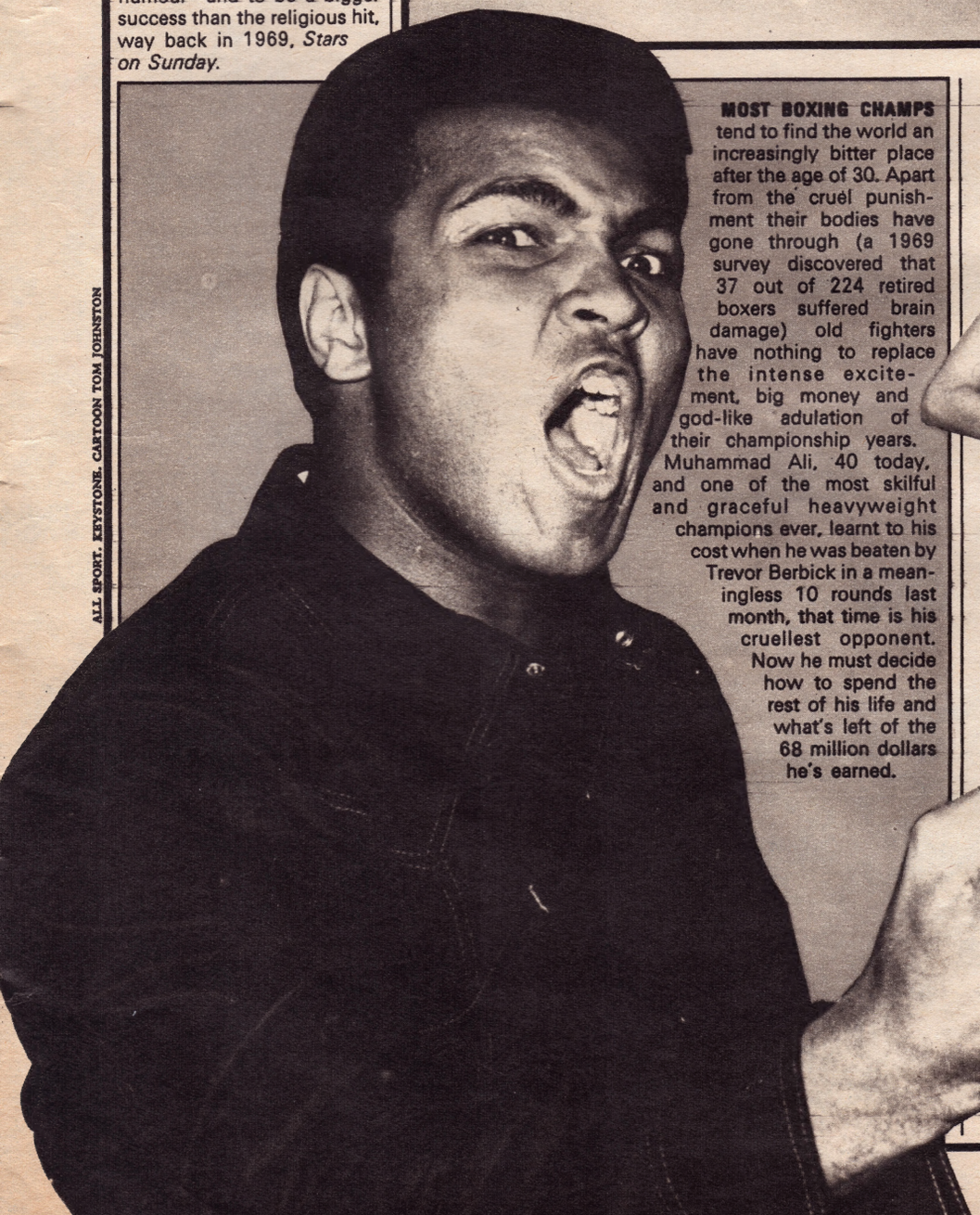
THE FISHNET STOCKINGS of a Vernon's Girl have long been discarded by Marian Davies, now presenting ITV's new religious "magazine" programme, *Sunday Best*. Co-presenters are Frank Topping (above) and Donald Swann (who was partner of the late Michael Flanders). Together they're aiming for a mix of interviews, news, music and humour—and to be a bigger success than the religious hit, way back in 1969, *Stars on Sunday*.

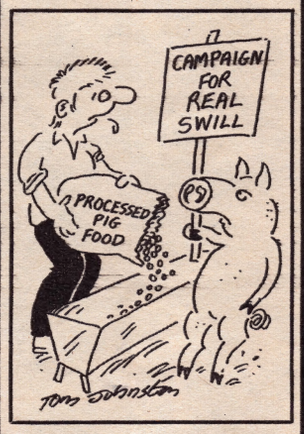


TAKE A GOOD RUN AND JUMP and you might do well on a bobsleigh—that's what you need to reach competition speeds of 75 to 80mph on a £3,500 to £4,500 bob. Summer-long practising on old railway lines down dry slopes should pay off for teams in the European two-man championships—they start in Cortina, Italy, today while the British four-man race at San Moritz comes to an end.



MOST BOXING CHAMPS tend to find the world an increasingly bitter place after the age of 30. Apart from the cruel punishment their bodies have gone through (a 1969 survey discovered that 37 out of 224 retired boxers suffered brain damage) old fighters have nothing to replace the intense excitement, big money and god-like adulation of their championship years. Muhammad Ali, 40 today, and one of the most skilful and graceful heavyweight champions ever, learnt to his cost when he was beaten by Trevor Berbick in a meaningless 10 rounds last month, that time is his cruellest opponent. Now he must decide how to spend the rest of his life and what's left of the 68 million dollars he's earned.

THE FAIREST OF THEM ALL will be hard to judge when a line of 22-22-22 beauties, average age four, toddle on to the stage at Sadler's Wells tonight. Miss World competition is one of the highlights at Fifty Years of Dance—a one-day charity show when kids from UK dance and drama schools will prance through dance crazes spanning the Twenties' flappers, Busby Berkeley kaleidoscope routines, rock and twist to punk and disco. Also classical ballet from three young Vietnamese boat people.



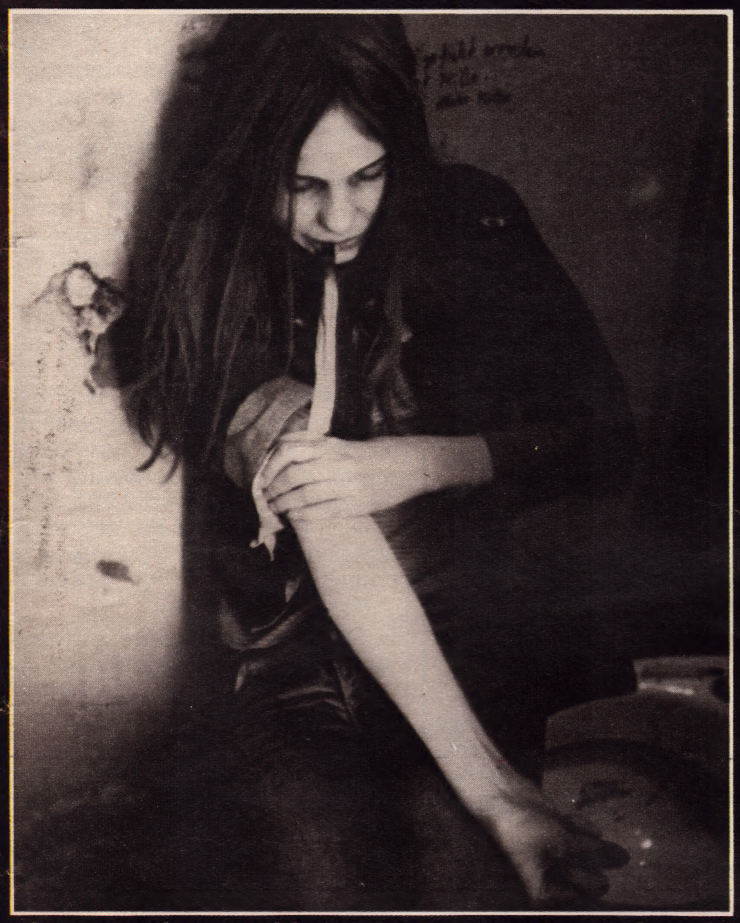
SWINEHERDS REJOICE on the day of your patron saint, St Anthony of Egypt.

★★ LUCKY STAR ★★

PISCES: You feel happy, generous and loving. You deserve some loving in return.

ALL SPORT, KEYSTONE, CARTOON TOM JOHNSTON

Christiane F is the true story of a 13-year-old girl . . .



whose experiments with drugs get so out of control . . .

that she cannot avoid the degradation of heroin addiction

FACE TO FACE WITH THE GOLDEN MENACE

SUNDAY As a deeply disturbing film on the perils of drug addiction opens in cinemas all over Britain today, there is growing evidence that the drugs problem is rapidly escalating. Cities like Glasgow and Birmingham now take their place alongside Miami, New York, Paris, Hamburg and London's West End as major market places in narcotics. It was in a suburban cinema in Glasgow that SUNDAY Magazine staged a remarkable social experiment by confronting representative groups of parents and teenagers with the stark personal horror of the film *Christiane F*—and recording their reactions to the menace which is moving ever closer into their lives. Les Wilson reports

The armies of the opium warlords are on the march through the mountains and valleys of the Golden Triangle, that lush area where the frontiers of Thailand, Laos and Burma overlap.

It is two years since the communist gangs and the warlords had a significant poppy crop. Now it has happened there is a world glut of the poppy that becomes opium. The opium becomes heroin. The street becomes the saleyard and children, some only 14, the victims.

All over Europe the increase in the sale of heroin is alarming the authorities. Switzerland and Britain, once regarded as H-free zones, are joining West Germany and France as outlets for the horror which makes a few people very rich, a lot of people sick and addicted and sometimes kills.

While the crops in the triangle were soured, the gap in Britain was filled by Iranian and Chinese smack. So much so that it caused consternation in unlikely spots like Glasgow where the University Department of Sociology went on to the streets to prepare a report which stunned even the most hardened cynics. The two drug clinics in the Glasgow area experienced almost a 400 per cent rise in new cases of heroin addiction in the first six months of 1980. And it's not stopping. The upsurge went hand in hand with police arrests and pharmacy break-ins. The University estimates the number of heroin addicts in Glasgow may be as many as one thousand. The report showed that the new addicts are younger than in the past. The drugs are bought on the black market often with the proceeds of crime; and the addiction-related medical problems appearing are reminiscent of cities like New York with an addiction problem of permanently epidemic proportions.

The researchers blame changes in Britain's heroin control policy. "From 1968 we began to restrict supplies of heroin on the NHS. Then it was refused completely. This opened the door for a substantial British black market of adulterated heroin. Since there is now no reason for addicts to register officially, nobody knows just how many addicts there are."

The black market is booming. "Horse" is smuggled into the UK in cricket balls, polo mallets, corsets and bras, the common false-bottomed suitcase and there has been an instance where the carrier used carefully hollowed tampons pushed so far up the rear passage they took five hours to retrieve.

In *Christiane F* the effect of heroin on kids, living, in this case in Germany, is starkly, sometimes horrifyingly presented

In conjunction with an established research agency, SUNDAY Magazine sought out a cross-section of youths and girls in the 18-19 age group in Glasgow for their views—given in complete freedom and anonymity—on the drugs problem in general and the growth, in particular, of hard drugs like heroin. Parents of youngsters in the same age group were also interviewed. The conversations were taped with the agreement of those attending. Here is what they have to say:

THE BOYS were well-dressed and and fairly articulate. All were either employed in clerical jobs or were students. Fifty per cent of them admitted they had tried smoking grass, pot or cannabis, though no one was sure whether it was one and the same thing. They quickly bounced off each other in their observations of the local drug scene and their own experiences.

● *"LSD . . . was weird, powerful. After I'd been up there I wouldn't want to try it again for a month. I tried pot and I told my mother and she said she wanted to try it so she told my uncle to get her some . . . he bought it and tried it and went funny, but my mum didn't seem to get much out of it . . ."*

● *"I couldn't inject myself with anything." "I hate needles so much I don't think I could take insulin, even if I had diabetes." "You might change your mind if you had to save your life."*

● *"I knew a girl who took heroin. She was away from her parents in New York. She stole to get it. She went through hell . . . she couldn't eat and she got gaunt and blotchy. She's 22 now and she says she's beaten it, but her mind has gone . . ."*

● *"It's mostly the younger kids getting involved. There's a lot of pressure on the kids to be tempted."*

● Said another: *"The media has a lot to do with it. They report about the trendies doing it, the pop stars and the like, and some people look up to those like Jagger and they reckon if these people do it it must be part of the scene. Pop stars and models go on hard drugs. Look at Janice Joplin and Jimi Hendrix. They died from it . . .'*

● *"There's not enough information about the pitfalls. It's not just catching on in Scotland—the whole of Britain is facing a major drug problem in the future . . . if not already. There's no doubt about it drugs are getting bigger. It's part of our life these days."*

● *"I don't think it's something to be ashamed of if you take pot, or LSD, or amphetimines . . . they aren't awful or shameful. But I reckon anyone who gets on heroin is plain silly . . ."*

● *"I got something in a drink at a party. Maybe it was speed. I was high for two days. I couldn't close my eyes . . . I couldn't sleep. When I came down I had the worst hangover you ever saw . . . I wouldn't want it again . . . it was awful."*

● *"I know a boy who committed suicide while he was on amphetimines."*

● Another: *"I knew a boy who had been sniffing glue. He had fits and his friends thought he was epileptic. Now he's 22, but he's only about 14 in his mind . . . anyone who takes a drug they know can lead to death has to be insane."*

THE GIRLS were bright and volatile, but did not appear to have the same knowledge of the mechanics of hard drugs as the boys. Two thirds had a tacit acceptance of soft drugs and chorused that pot should be legalised. But they all agreed that they wouldn't know where to get hard drugs. Before the showing of the film one of the girls visibly shook and excused herself from the rest of the experiment.

● *"Drugs in Britain aren't confined to the cities . . . Back home I know a person who can get them for me . . . and I know a girl who takes a bottle of Benylin with her to discos and swallows it with tablets. She's still at school . . . she's had her stomach pumped out and that still didn't stop her . . . I feel sorry for her, she's had a lot of problems at home."*

● *"I've a friend who prostituted to get money for drugs. I think she's still in hospital as a registered addict. She tried but she just couldn't stop . . . it had a terrible effect on her family . . . her mother either didn't know or just shut her eyes . . . this girl's still in hospital and her brother has been arrested for pushing drugs . . ."*

● *"I know this bloke who is a brilliant artist and takes drugs . . . That's stupid. You can't get addicted to marijuana . . . there's nothing wrong about alcoholism—it's much less reprehensible than drug taking . . . I wouldn't mind taking drugs like grass and pot just to see what it was like."*

● *"Cigarette smoking is dying out because it has become too expensive . . . we all drink because it is socially acceptable—we're pressured into it by our friends . . . After all some of our parents go to parties and drink triples. We all go to pubs. No one says to us we shouldn't be drinking. Yet in some countries like India pot is more acceptable than alcohol . . . pot should be legalised people get hooked on aspirin . . .*

● *"There was a story in the paper this week where a pregnant girl robbed a jeweller's shop to get money for heroin . . . you'd have to be pretty desperate to stick needles in yourself . . . some do it just to see what it's like . . . the danger of the soft drugs is in the euphoria and when you are high you may try other things."*

● What effect can drugs have? *"They can make you ill . . . they lead to depression . . . hallucinations . . . bad dreams . . . perhaps psychological dependence . . . its much the same as alcohol . . . I mean, you can even get addicted to tea."*

● *"If all your friends were taking drugs you might find it very hard not to take them too . . . maybe there's not enough thrills in life . . . maybe it's the male macho thing . . . you can buy dope easily in Glasgow pubs.*

● *"I had a friend who said at a party she felt she could fly and she wanted to jump out of the window . . . they pulled her back . . . did you see* Space Odyssey 2001*? . . . Maybe a trip would be something like that."*

● *"Today drugs have taken on a more sinister aspect . . . an artificial aid for help in a depressing time . . ."*

THE PARENTS, including a widow, were all employed in either manual or clerical work in Glasgow suburbs and several had come into contact with drug-taking children.

● *"This film could encourage youngsters to try drugs for themselves because the star in the end, apparently managed to beat the habit."*

● *"I've got a neighbour who is a 17-year-old and not long ago she asked me if I wanted to try some pot,"* said a housewife.

● *"I'm concerned that kids, six or seven, could be tempted to try glue from cans thrown away by the older ones."*

● *"I think there's a strong case in the 80's for pot to be legalised . . . I think a film like* Christiane *should be shown under supervision to children as young as 14. It may shock them, but it may also help them realise the dangers involved."*

● A 55-year-old mother: *"I'm stunned. I just find it hard to believe this sort of thing goes on."*

● Two mothers said they were more concerned that local doctors were prescribing things like Valium and Librium to people *"whether they need it or not. This could lead to people wanting to try other drugs."*

● *"Universities seem to be breeding grounds for drug experimentation."*

● *"There is no specific section of the community that doesn't get hooked on some sort of drug. The rich and the poor are becoming victims . . . many young people join in pot-smoking and heavier drug taking because they don't want to be called slags by their friends . . ."*

● *The homosexual love scene was probably included to attract certain sections of the community."*

● *"The film certainly showed how low young people, or anyone for that matter, will stoop to get money for drugs . . ."*

as it plots Christiane's progress from a 13-year-old schoolgirl to the degradation of a teenage addict. The film pulls no punches about the child going on the streets to get money for her "fixes". The background is splashed with her blood in toilets and her agony of trying to withdraw. The makers claim it is based on a true story, but that the girl kicked the habit and now lives quietly outside Hamburg.

Her experience was not as disastrous as it might have been. Experts, here, say five years of shooting up often ends in death.

According to the United Nations something like 1,500 tons of opium, enough to manufacture 150 tons of heroin, comes out of South East Asia each year. Now there will be another 600 tons on the market from the Golden Triangle keeping the prices down and the pushers hard at work.

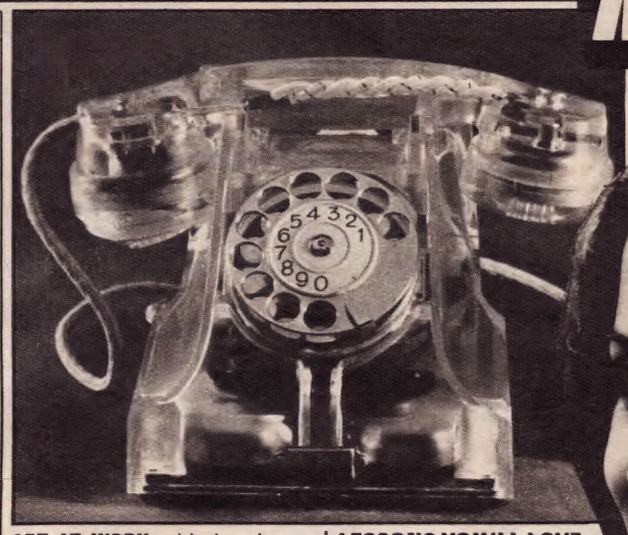
The Glasgow University report says urgent action is essential. Although there are dozens of drug projects throughout Britain, many of the problems are beyond their control. In the words of Rowdy Yates, co-ordinator of the tough-talking Lifeline Project in Manchester, "The present system of treatment for drug users, established following the Dangerous Drugs Act 1967, has failed to prevent an alarming escalation of drug abuse and a flourishing and increasingly criminal black market.

"Customs and excise and the police themselves estimate a seizure rate of only 10 per cent and maintain that the black market is becoming more and more efficient and criminally orientated. Unless a radical reappraisal is undertaken there is a very real possibility that the drug problem in this country will get out of hand."

There could be 20,000 heroin addicts in Britain. No one has the real figure. Home Office records for 1980 show there were 17,600 seizures of controlled drugs. This is the highest number since 1973 when the Misuse of Drugs Act came into force. Heroin grabs totalled 700 —100 more than in the previous year and more than twice as many as the annual average over the 1973-78 period. Sentences in 1980 for heroin offences were also a record. For years London was the "in" place for the heavy drugs like heroin. But experiences in Glasgow and Manchester show that the rot is spreading. Could the horrifying Christiane epic be happening here? ●

"HOW OLD CARY GRANT?" the journalist cabled. The man himself replied: "Old Cary Grant fine. How you?" Not that he's bashful about his age and happily admits to being 78 today. He'll spend part of the day working—he's a director of MGM films and Faberge fragrances — and the rest celebrating with his fifth wife, Barbara.

KNITWEAR Exhibition today at the British Export Marketing Centre, Tokyo.



ART AT WORK—this handsome see-through phone is on show at the Boilerhouse Project opening today at the Victoria and Albert Museum in London. Home-based phones in Britain alone top the 17 million mark.

LESSONS YOU'LL LOVE. French actress Marianne Lawrence hosts *Tele Montage* on BBC2 tonight. The series of eight shows, aimed at helping viewers improve their command of the language, will include French recipes and a look at the French in love—with subtitles! Today's programme includes film of singer George Brassens.

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GEMINI: Good news arrives; you get a hug and a lovely treat.

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MONDAY **Two women in their 30s; rich, famous and friends. Candice Bergen has achieved her major goal—marriage. Jacqueline Bisset has avoided matrimony and finds satisfaction in the business heart of films. Their lives are fascinatingly paralleled in their film *Rich And Famous*, on general release from today**

MEN, MARRIAGE AND MONEY

Move over, Redford and Newman—here come Bisset and Bergen.

Britain's Jacqueline Bisset and America's Candice Bergen have teamed up for a double act that is delightful—and daring.

They're the Butch and Sundance of Women's Lib. Except that some of the scenes in their new film, *Rich And Famous*, would have those gentlemanly gunslingers blushing behind their bandanas.

The film was a box-office success when it opened in the US recently, making both actresses even richer and more famous. Bisset, in particular, hopes the film will be a hit here in Britain.

Jackie plays Liz, a successful but neurotic New York writer, a sort of Joan Bakewell type with tinges of Virginia Woolf, and a liberated lady with a vengeance.

Candy is Merry, her long-time best friend, a dippy, adorable, dumb Southern belle who proves she's not so dumb when, jealous of her friend's talents, she decides that she, too, can write a book. It becomes a runaway best-seller. Every book she writes sells like hot cakes. She becomes rich and famous;

"The sexual tables are truly turned"

Bisset, dowdy, desperate, manless, just becomes famous.

The film is a rehash of the 1943 Bette Davis/Miriam Hopkins film about rival novelists, *Old Acquaintance*. It is directed by legendary "women's director" George Cukor, now 81. He is famous (and rich) for old-fashioned, frilly, feminine films—*Rich And Famous* most certainly isn't at all like that.

Bisset says bluntly: "The sexuality is much more explicit than it was in the Bette Davis days. The young lover I pick up (in the film Hart Bochner is 18 to her 40) has been updated to a rock writer for *Rolling Stone* magazine. I can't accept the age difference so I humiliate him and he leaves me.

"I also pick up Michael Brandon (ex-husband of *Bionic Woman* Lindsay Wagner) on an airplane and we have sex in the

"Loyalty to girlfriends is very important"

toilet and become members of the famous Mile High Club."

Brandon reports, with a smile on his face, that he took the part not for an on-screen credit but for on-screen fun. Another young actor, 22-year-old Matt Lattanzi (in real life linked with Olivia Newton-John) bares his backside in a bedroom scene with Bisset. The sexual tables turned indeed . . .

Co-producer Bisset, now 37, a strong, feisty lady who doesn't take herself or film-making lightly, says: "The film makes serious points about the choices people make in life. One (Bergen) marries and it doesn't work out. She sacrifices her husband and her child for her career. The other one stays single and she isn't happy either.

"At the end of the film, the only person I've got left is Candy, who is still my friend despite her faults. That makes sense to me, because I've had friendships with all sorts of irrational people and remained loyal to them out of an obsession. Some women lack that kind of loyalty to their girlfriends but it's very important to me. Sometimes it's everything."

In real life, the beautiful Bisset has never married. She used to say that marriage worried her because she felt "you almost have to have an affair to recharge you. I get a sinking feeling in my stomach because when I'm with someone for a long time my personality begins to shrink."

Now she says: "My desire not to get married is because I want to have a genuine commitment rather than a legal one. I feel it keeps me tuned. I've been through periods when I've been bored with the patterns of love, the shapes of love. I don't quite know what one is supposed to expect from a personal relationship.

"Everybody says they expect everything. They want everything immediately and yet they don't seem to want to make much of an effort for it. It's the age of instant gratification."

While the green-eyed, somewhat aloof Jackie—she was born Winifred Jacqueline — is sounding off about relationships with men, blonde calm, preppy Bergen is smiling the smile of a rich Californian cat who has suddenly got more than her share of the cream.

Bergen was born rich and privileged, the daughter of one of America's most famous men, ventriloquist Edgar Bergen. She grew up in the sort of society where girls were graded on their suntans, birthday parties meant trained dog acts and the latest movies were screened in your living-room to save you mixing with the common herd in the cinema. "It took me ages before I realised all of that wasn't normal," says Bergen.

She spent her 20's in blissful independence, travelling the world as actress, model, writer, photographer, and her early 30's realising she had absolutely no confidence to build a relationship towards the one thing she wanted most—marriage.

People thought she was living a glossy fairy-tale life. There were well-received films, like *Carnal Knowledge, The Wind*

and the Lion and *Starting Over*—for which she received an Academy Award nomination for best supporting actress. She had a live-in relationship with Doris Day's son Terry Melcher and then with producer Bert Schneider. But no marriage, despite her only half-joking aside that she would "push my mother down the aisle on roller skates for a good marriage."

Now, at 35, she has what she has so long desired. Last year she married 48-year-old French director Louis Malle and every morning, she says, she still wakes up "hardly believing my luck, finding a man like this"

They divide their time between

his chateau in a sleepy French village and her New York flat. Her career is now taking a definite second place to her marriage: "I've achieved the main goal in my life so my subsequent goal is to keep that first one, my marriage, going to the best of my ability. It's my top priority; it means everything to me."

She sees the irony of opting for home and husband just when she is at last receiving acclaim for her work, but she shrugs it off.

"I didn't get married for money or security," she says. "I can give myself that. I used to get so sick of those films where, in the end, the heroine gets married and all her problems dissolve.

"We'd both rather be rich than famous"

"Marriage is a serious step demanding discipline and, yes, I was nervous about that. But what's happened to me is that, far from being diminished by marriage—as happens to Merry in the film—my life has become miraculously enriched.

"For the first time I'm someone I can begin to like. I've never felt comfortable in my own skin before. With this man I'm on the road to being the woman I always hoped I would be."

That includes motherhood too. "Motherhood is not something I want to miss. But I'm listening to my instincts. They tell me to do one thing well at a time. I spent so much time alone, waited for so long to find the kind of happiness I have now. I feel I still have a lot to learn about being a wife before having to learn how to be a mother."

Bisset's attitude to marriage is much more uncertain. She admits this springs from her parents' divorce after more than 30 years of marriage. She still finds it "too upsetting" to talk about: "It upsets all of us, all the family. But I'm still very close to them both."

Last year she broke up with her long-time live-in lover, French businessman Victor Drai. They had built up a successful real estate business together but Bisset feels she will have no problem running that sideline as well as her career.

She now lives alone high in a Los Angeles canyon in a house that once belonged to Clark Gable and where he and Carole Lombard spent their honeymoon. Her career is of utmost importance to her; her private life and professional life she explains: "tie up together and ⇨

RONALD ARNOLD COLLECTION

Battling Bette Davis takes on rival novelist and her dearest friend Miriam Hopkins in *Old Acquaintance*, the witty 1943 forerunner of the Bisset/Bergen clash *Rich And Famous*

if I grow personally then hopefully I will grow professionally. I just don't want to shrivel up. I want to remain mentally alive. Not to become banal or mediocre in my work or in my private life. I don't want to be boring, or to become dull and spoilt. I want to remain human and not get lost in all this stuff."

"All this stuff" means, of course, the shoal of reviews she's pulling in for *Rich And Famous* and the respect she's won for her production work on the film. Jacqueline Bisset, with her Jacquet Production Company, now has clout in Hollywood. She has joined the forceful female élite of film stars who are now film-makers, along with Barbra Streisand, Jane Fonda and Goldie Hawn.

She was, she admits, a "pain in the neck about lighting, wardrobe, make-up, cinematography, publicity. I fought like a fiend to show the 20-year age span in the characters. I made myself very unpopular over it and I'm glad I did because it looks bloody good."

Of course, this steely determination did not make her the most popular lady on the set. Director George Cukor somewhat ruefully remarks of her intense, energetic involvement: "She makes suggestions from the moment she gets up in the morning to the moment she goes to bed at night. She's tireless, just never gives up and never wants to go home."

Nothing daunted, Jackie says: "I have a feeling I will be involved in production again. If all I do is act, then I've no control over all the other elements that make up a film."

Bergen says she sort of "wafted around" while Bisset did all the hard work, made all the decisions, tackled production problems. "There was never a moment's jealousy. Jackie, as co-producer, set the tone on that immediately. We didn't know each other very well before filming began but we were soon almost as close as our characters.

"It was certainly the best working experience of my life. We had great fun, and we loved working together. I learned a lot from Jackie."

Bisset says she was surprised to discover how well she and

"Marriage has made me feel more alive"

Bergen got on. "She is a terrific person to be friends with. I have made a friend for life. She has got that communicative power to make you feel solid."

The two certainly looked as if they were firm friends as they talked over drinks in a Beverly Hills restaurant. Bergen, in Princess Diana high-neck blouse, was having fun. Bisset, slightly nervy in shimmering grey silk, was taking it all very seriously, still feeling the effects, she said, of being co-producer and "worrying passionately about everything, getting into a state of great tension."

She feels that, for the first time, Hollywood has recognised her capabilities, her depths, as an actress. Films like *The Deep, The Greek Tycoon, Who Is Killing the Great Chefs of Europe?* and *Murder on the Orient Express* did not stretch her. Nor did they win her the recognition she deserves.

"I felt that Candy and I were at a similar point of frustration before *Rich And Famous*," she said. "I think we've both been capable of good work like this for a long time. I know that directors I've worked for frequently took only 30 per cent of me. I want to give 100 per cent.

"I'm not apologising for anything I've done. I did what was around, and I chose what was obviously the best around. I wasn't turning down wonderful scripts to do lesser scripts. I'm not a fool.

"That's the way I approach my life now. That's why I am who I am now. That's why I'm surviving. It's funny, both Candy and I were asked the other day if we'd rather be rich or famous. We both said rich. Wealth gives you mobility, the freedom to do what you really want to do. That must be the best thing about being rich.

"Fame is a questionable thing. There are times when I don't live up to what people want me to be and that makes me feel depressed because, for me, the cinema is always exciting. When I feel drab and not really together I feel a certain pain at not

"The Prince on the black horse is very seductive"

being able to be what people want me to be. I feel I'm disappointing people.

"Maybe I try too hard to live up to what people expect. I find it a strain. It's hard work to be tidy all the time . . . I like to use my energy for things that really matter. I wish I could meet somebody like myself, somebody who didn't fuss around but got on with things. Anything that has to be done, I'll do it. There's so much to do. So much to get on with. I've made my life happen. I had to. No-one else will do it for you. You must be able to rely on yourself."

Bergen, always the most self-reliant of women, understands Jackie—but no longer totally agrees with her. Marriage, she says, has made her feel "younger and happier and more alive than I ever thought possible. I give thanks every second for this marriage. I didn't escape the dream of my prince coming along. *Snow White* was not my favourite movie for nothing!"

Bisset laughingly agrees that she is as capable as Bergen of having erotic fantasies: "I was brought up on fairy stories—the Prince on the black horse was always a very romantic image to me. He doesn't have a smiling face, it's intense—that image contains tremendous romance and seductiveness for me. You know, the cape and the swirling energy, the feeling of rush and speed. Someone who's wonderfully strong and wonderfully gentle."

Bergen smiles as if she's found that someone. Bisset isn't saying whether she has or not, or whether she hopes she eventually will. They link arms and leave together. Two very rich, very famous and very different friends.

Rachel Griggs

LOW TO MIDDLE TAR As defined by H.M. Government

DANGER: H. M. Government Health Departments' WARNING:
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HANDY WITH YOUR BESOM? It's another name for the broom that plays such a vital role in curling. After the hefty stone is despatched across the ice, skilful sweeping can change its direction and speed. The sweeping causes friction that temporarily melts the ice. Once Scottish farmers played the game on frozen lochs, now curling is a respected international sport and 160 teams will be doing battle in the Beneagles Open Tournament which takes place in Perth from today until Saturday.

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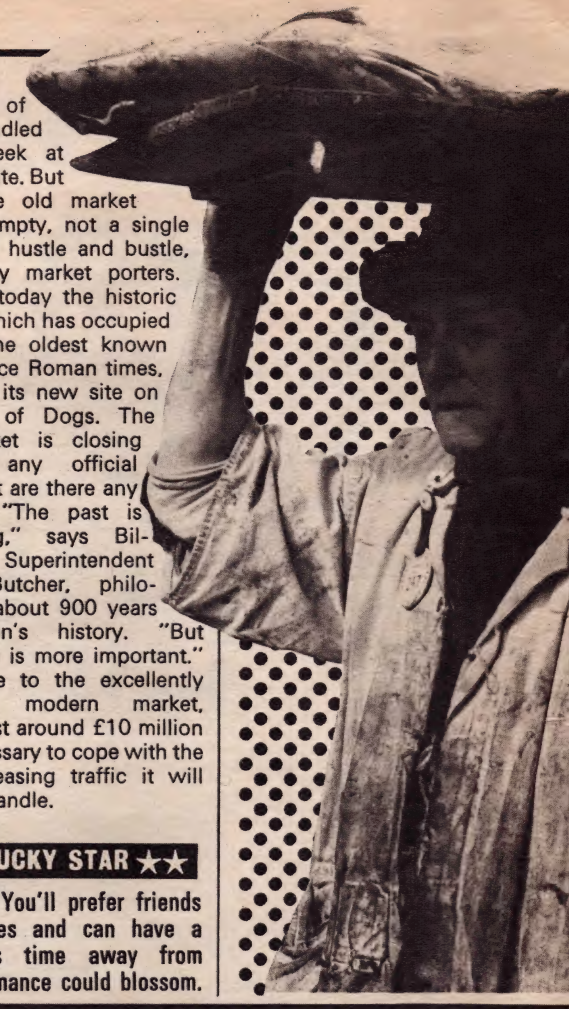

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DUMB BLONDE was the title of Dolly Parton's first hit record. But it certainly isn't an accurate description of the delicious Dolly. A professional singer from the age of ten, Dolly's song-writing and vocal talents have minted her a fortune. The wonderously endowed lady likes to do everything in a suitable big way—and will celebrate her 36th birthday today in style. She made her screen debut last year in *Nine to Five* and later this year we'll be able to see her as the Madam in *The Best Little Whorehouse in Texas*—a similar personality to Dolly herself, funny, good-natured and basically serious. "I may never be a great actress," she says modestly, "but I'll be a personality that people might like." She won't be turning her back on her country music.

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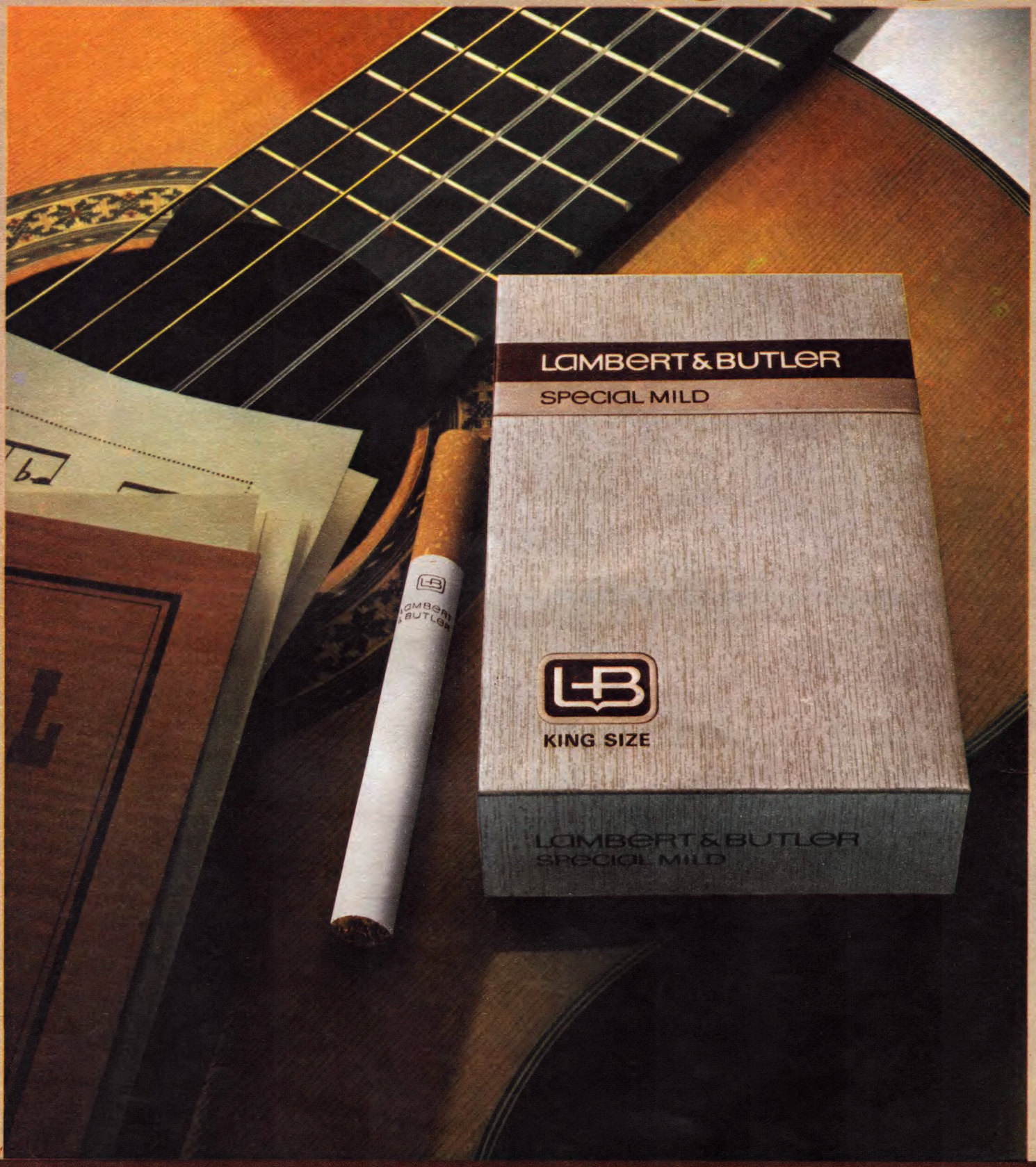

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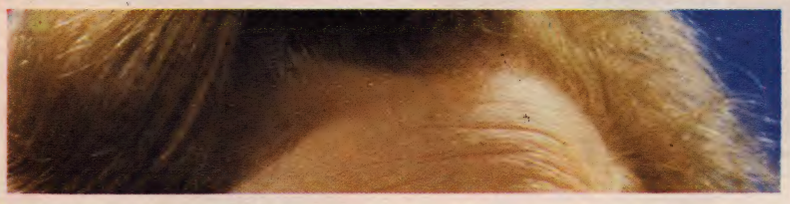
LOW TAR As defined in H.M. Government Tables.

DANGER: H.M. Government Health Departments' WARNING:
THINK FIRST-MOST DOCTORS DON'T SMOKE.

TUESDAY **After yesterday's resumption, Parliament gets down to serious business today with Margaret Thatcher and Shirley Williams facing each other across the floor of the House. Here graphologist Patricia Marne and physiognomist Gemma Franklin skilfully analyse two very different kinds of women**

JIGSAWS OF POWER



Forehead. The straight, high forehead reveals great reasoning power. Even emotional responses are brought down to an intellectual level. Uncompromising, her will-power is often mistaken for obstinacy. She is an excellent organiser and administrator and has a good memory.

Eyes. Deep-set and sloping towards the sockets, her eyes show mental agility and an ability to manipulate. Close to the bridge of her nose, they betray a rather narrow, one-track mind. They also suggest fluent speech, a logical approach to all aspects of life and a lack of sentiment.

Nose. Thin, high-ridged and pointed, it shows a developed aesthetic sense. With a dislike for erratic behaviour, she needs routine and can be critical over details.

Lips. The thin top lip is a sign of good concentration and high principles. The fuller lower lip shows that underneath is a desire for affection and security.

Chin. The short, pointed, slightly weak chin shows perseverance, but she can be irritable under stress. Afraid of being thought weak, she's reluctant to admit mistakes. She has had to work hard for success.

Margaret Thatcher

The pressure of the signature reveals physical energy and drive. The upright script shows she is in control of her emotions and the flying "t" bar crossings indicate high aspirations. The speed of the signature points to mental agility and the heavy underlining betrays a dominant ego. The thread-like strokes in the middle of the letters reveal an ability to manipulate people. A clever, dominant personality, she has a disregard for her own emotional needs.

REX FEATURES

Shy Williams

This small, rather simplified signature is a sign of good manners. It shows a wish to be understood and an ability to think clearly. The long, downward stroke on the "y" represents instinctive drive and repressed emotions. It shows vitality directed towards intellectual pursuits. The slant is a sign of sociability. Breaks between the letters mean that she is intuitive and has lots of ideas. The tapering script at the end of her name reveals maturity.

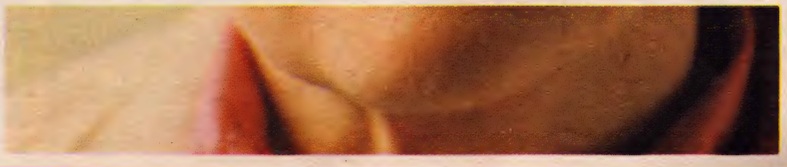
Forehead. The wide, deep forehead with the fullness in the lower part of the brow reveals a vital temperament which thrives on hard work. It shows resilience and a passionate nature which sometimes has to be subdued for discretion's sake.

Eyes. Set wide apart, they are a sign of a frank and open personality and the heavy, drooping lids reveal a tendency to conceal most personal feelings. They also show a need for affection and their sex appeal has an obvious sensual streak.

Nose. Standing well out from her face and somewhat fleshy, it shows a logical, down-to-earth approach. The slightly rounded tip confirms her sociability and desire to know the world around her.

Lips. The wide, generous mouth turning up at the corners shows a wry sense of humour, sometimes too fanciful. Lines on the lower lip indicate intense feelings.

Chin. Broad and rounded, it reveals an attraction for the opposite sex and a great discretion in close friendships. It also shows energy and tenacity. But she can be over-impatient to get things done. Artistic, she prefers the literary scene.



DAVID REED

10th Avenue Freeze-Out
Thunder Road•Night
CBS

Too Much Heaven
Tragedy•Spirits
RSO

I Wanna Get Next To You
Wishing On A Star
WHITFIELD

2 Out Of 3 Ain't Bad
All Revved Up
EPIC

Ashes To Ashes
Up The Hill Backwards
RCA

Misunderstanding•Turn It On Again•Duchess
CHARISMA

Take It Easy•Lyin' Eyes•Desperado
ASYLUM

Gold Disc Winning
Recital of Guitar Duets
RCA

Forever In Blue
Jeans•Remember Me
CBS

Dirty Ol' Man•When
Will I See You Again
EPIC

What You're Proposing
Lies•Rock 'N' Roll
VERTIGO

Rasputin•Oh My Lord
Rivers Of Babylon
ATLANTIC

You Shook Me
Give The Dog A Bone
ATLANTIC

Boy Named Sue•Ring
Of Fire•Busted•Folsom
CBS

Part-Time Love
Reverie•Song For Guy
ROCKET

Miss You Nights•I'm In
The Mood For Dancing
EPIC

Jolene•Bargain Store
Coat Of Many Colours
RCA

Like Clockwork•Rat
Trap•She's So Modern
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DIVORCE•Lonely Street
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POLYDOR

Stupid Cupid•Vacation
Lipstick On Your Collar
POLYDOR

Cecilia•The Boxer
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Bird Dog•Ebony Eyes
WARNER BROS.

The Boxer•Miss The
Mississippi
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No Self Control•Games
Without Frontiers•Biko
CHARISMA

Young Blood•Lettin' Go
Mystery Train•Anyday
CHRYSALIS

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Marche Slave
DEUTSCHE GRAM.

20 Hits•Runaway
Keep Searchin'
LONDON

Only You•Red Sails
The Great Pretender
MERCURY

Nessun Dorma•On With
Motley•Your Tiny Hand
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Xanadu•Cygnus X-1
Cinderella Man
MERCURY

Gimmie Shelter
Midnight Rambler
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Plays Johann Strauss
Radetzky March
POLYDOR

My Generation•Magic
Bus•Pinball Wizard
TRACK

Bouree•Warchild
Thick As A Brick
CHRYSALIS

Cheese Sketch
Bruces•Parrot•Nudge
CHARISMA

"Fate Knocking At The
Door Of Life"
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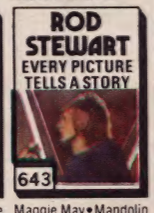
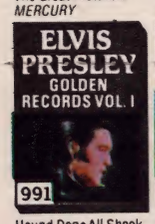


Maggie May•Mandolin
Wind•Reason Believe
MERCURY

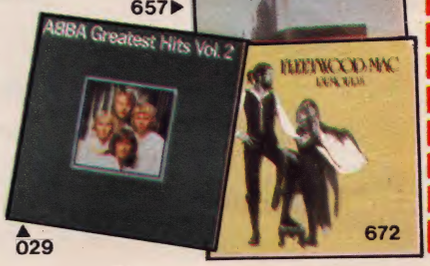
20 Hits. What'd I Say
Busted•Cheatin' Heart
LONDON



Hound Dog•All Shook
Up•Don't Be Cruel
RCA

Kiss An Angel Good-
mornin'•15 more hits
RCA

Neon Knights•Die
Young•Walk Away
VERTIGO



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THERE'S NOTHING AS GOOD AS GUINNESS

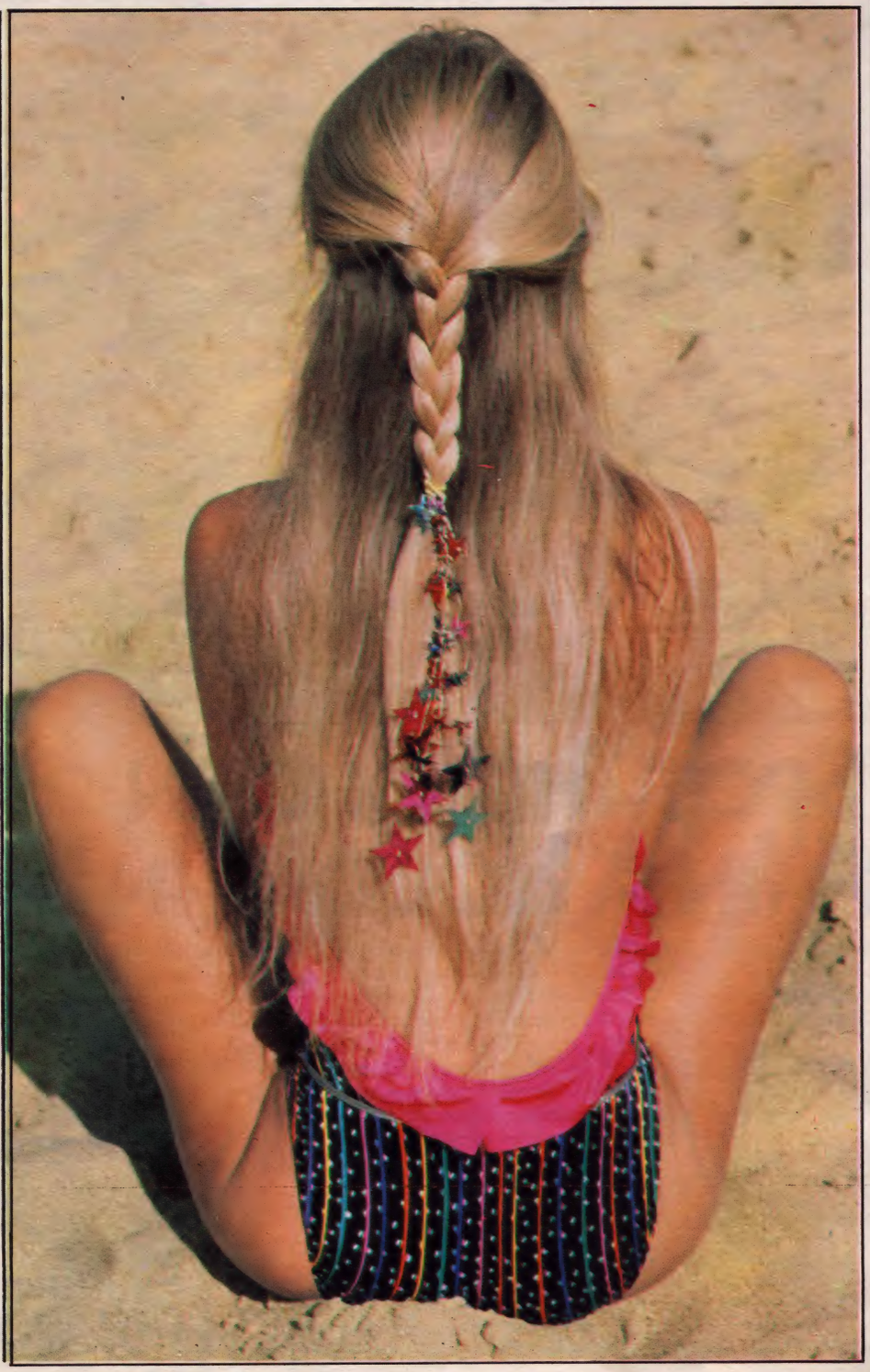
BAUBLES, BANGLES AND BOOBS

BEAUTY AND THE BEACH (this page). Golden hair shimmering in the sun looks stunning with this streamer of multicoloured stars simply attached to a rubber band—from branches of Fiorucci. Swimsuit by Liza Bruce, £27.50 from Harvey Nichols, Knightsbridge, London SW1.

SUNBATHING TOPLESS (centre) is allowed on most beaches these days, but check before you discard your upper half. This bikini by Fiorucci has a matching top and costs £12.30. Adding oomph to a cleavage, is a jungly elephant-head necklace, £40 from Butler and Wilson, 189 Fulham Road, London SW3.

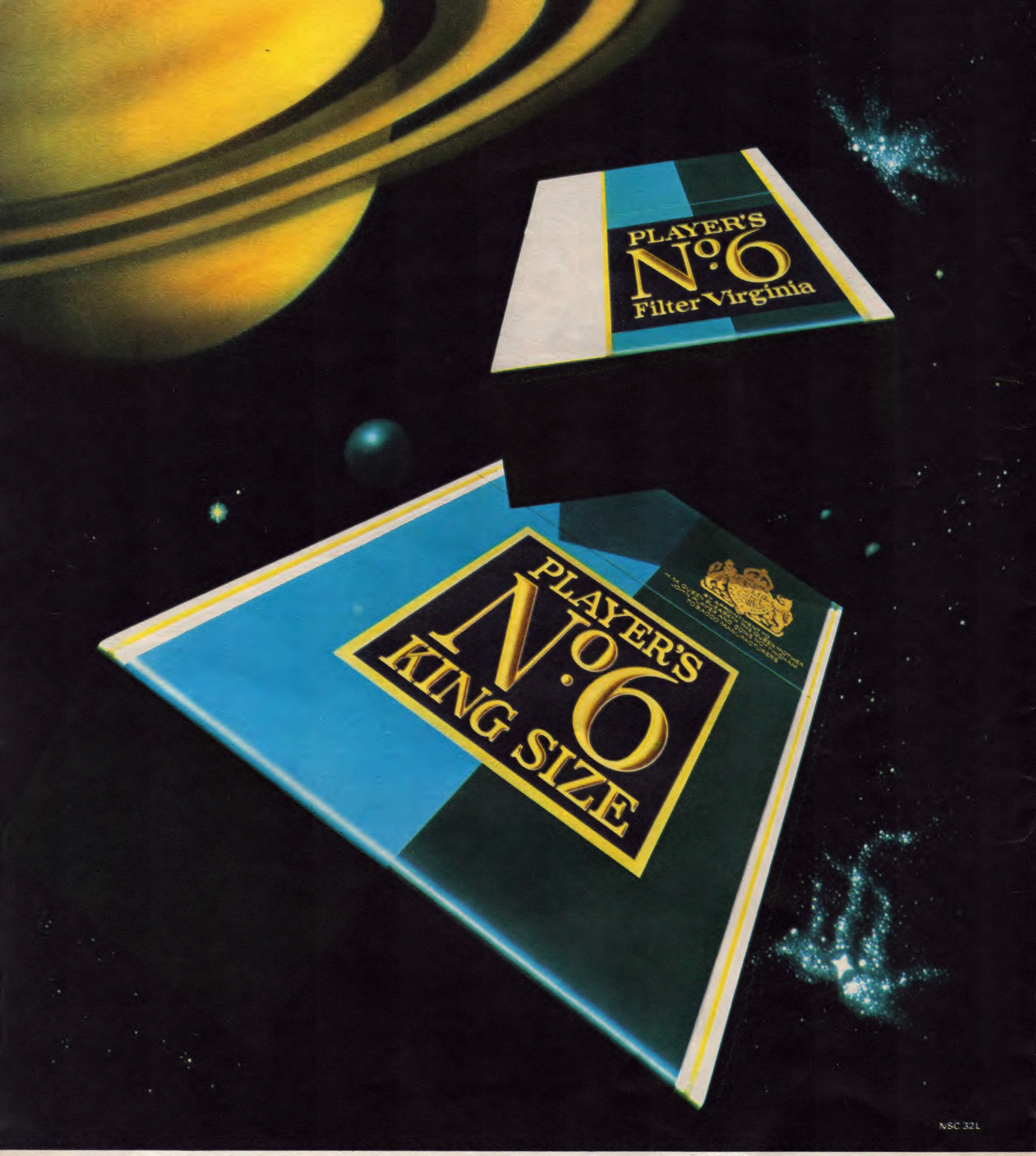
GAZING OUT TO SEA (facing page, top) and removing sand from the essential espadrilles. These by Oasis Trading Company, 12 Dukes Lane, Brighton, cost £4. The red bag costs £9.90 and striped suit £19.90, both from Fiorucci. The Snoopy shade costs 99p, from major department stores.

AFTER-SUN CARE (facing page, below). Back from the beach be sure to shower and apply a sun-soother. Knitted cotton skirt £20, and matching boat-necked top £11, from Miss Selfridge. The belt comes from a selection at Fenwick, 63 New Bond Street, London W1. The attached belt from a selection at Fiorucci.



Escape from the icy heart of a dark, British winter with this SUNDAY forecast of warm, caressing sun, sapphire seas, soft sands — and what the best, undressed girls will be wearing. The happy news for sun-worshippers, and appreciators of fine form, is that more and more people will be discarding their bikini tops and dressing up in baubles, bangles and beads. For the lucky few, summer is only a few hours away by plane in the Bahamas. The rest of us will bide our time, knowing what the smartest holiday makers are wearing this season —not a lot, but always with the right accessories. Photographs by Absolom

MID-WEEK
SPECIAL



MIDDLE TAR As defined in H.M. Government Tables.

DANGER: H.M. Government Health Departments' WARNING:
THINK FIRST – MOST DOCTORS DON'T SMOKE

WEDNESDAY
JANUARY 20

ICE AND SNOW may be the order of the day here, but they won't be missed by cockney comedian Mike Reid — he's currently enjoying the warmer climes of Florida and the East Coast of America where he's on tour. But he will be missing his first dabble as a *Minder* in the second episode of ITV's series tonight. "I play Arthur's (George Cole) new 'heavy', Vernon, who takes over from Terry (Dennis Waterman) when he breaks his hand in a scrap," Mike told us. "Vernon's a goody who's not too bright and gets himself into a lot of trouble."

ASPECT/DEREK BAYES. REX FEATURES. CARTOON TOM JOHNSTON

★ LUCKY STAR ★

CAPRICORN: You're lucky with other people's money, not your own. Pass on a tip to a friend.

BIRMINGHAM YOUTH Theatre's production of *The Goalkeeper's Revenge* is playing tonight.

FROZEN BEAUTIES such as these fascinate Duncan Hamilton who sculpts them from 3-cwt blocks of ice. "It's magical stuff," he says. A block contains 35 gallons of water and takes three days to make. The result, though, melts in about five hours. So hurry if you want to see them on show at Hotelympia, London, from today.

FROZEN FOREVER on film in scenes like this is Ronald Reagan who became the 39th US President a year ago today. Melting though, is his ex-wife Jane Wyman. She's coming out of retirement to star in an American TV soap opera after a 13-year absence from films.

POST COUPON IN AN ENVELOPE (NO STAMP REQUIRED) TO: FREEMANS, FREEPOST, LONDON SW9 0YX.
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"AINT 'ARF NICE STUFF"

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Lovely clothes...and talk about a better catalogue – it's fantastic! Fancy a new look? 'Ave a look at Grattan.

Aint 'arf nice stuff!"

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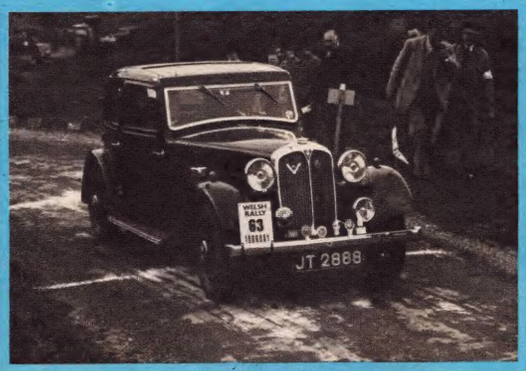
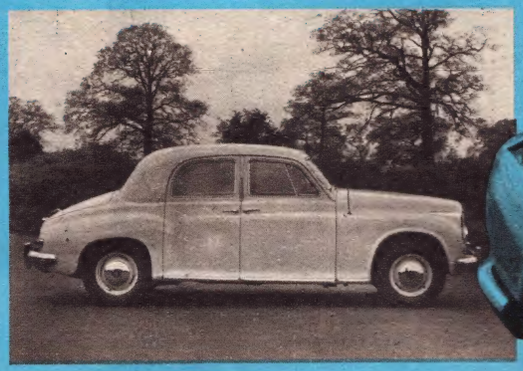
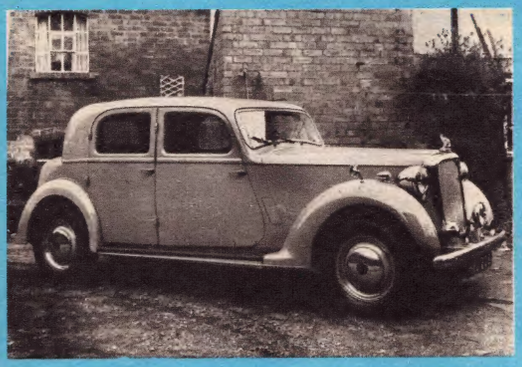
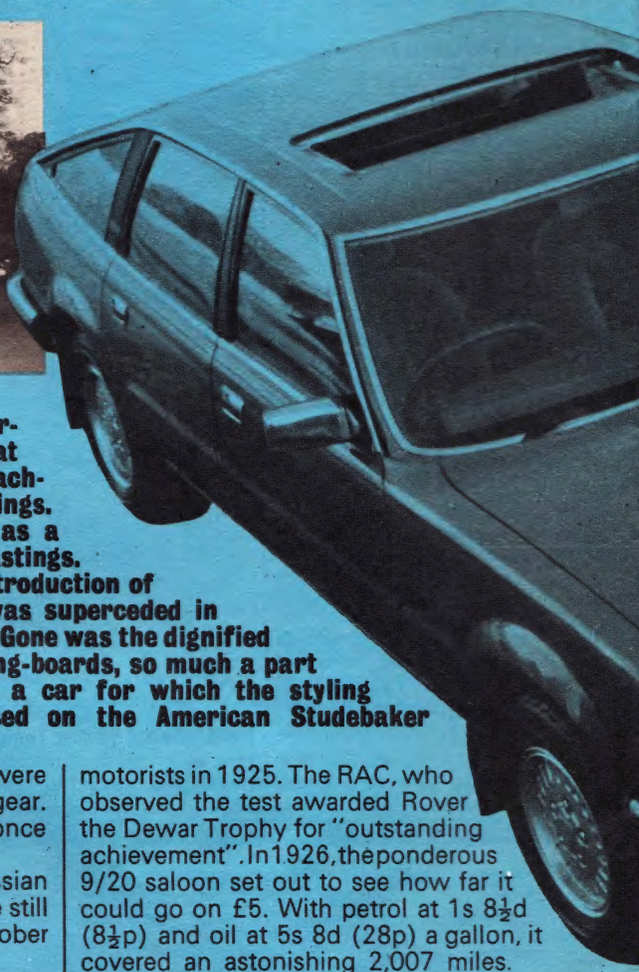
Grattan THE CATALOGUE

AUNTIE'S HITCHING UP HER









The four-cylinder P1 12 two-door four-seater coupe (above left) seen here at the Welsh Rally in 1937, took the coach-work prize at the RAC Rally at Hastings. Inspired by this, Rover offered it as a catalogue model—called the Rover Hastings. The P3 six-cylinder (left) was a re-introduction of their pre-war model—the P2—and was superceded in 1950 by the P4 75 six-cylinder (above). Gone was the dignified radiator grille and the beloved running-boards, so much a part of Rover style. In their place was a car for which the styling model had been, of all things, based on the American Studebaker

The nickname "Auntie" was applied to Rovers in much the same way as it was applied to the BBC—out of affection. Rovers were favourite Aunts, a bit staid, perhaps, but dependable and well-bred. Not flashy or racy, like the new-fangled SS Jaguar. Not quite top-drawer like Rolls-Royce and Daimler. But definitely comfortably-off, and if they could remain unseen and anonymous as well, so much the better.

Ostentation was a Humber or an Armstrong-Siddeley. Worse still, a foreign car. American cars were much too showy, as the Prince of Wales found when he scandalised public opinion by buying a Buick like Mrs Simpson's. He had to claim that it was Canadian, and thus Empire-made.

Rovers were for doctors, lawyers and business executives to whom understatement and good taste were everything. Yet the reputation had not come about by chance.

Rover began in the 1850s, when Coventry's traditional industries were in decline. In an uncanny parallel with today, watch-making and ribbon-weaving were being swamped through foreign competition on the one hand and strikes on the other. There were bankruptcies, closures and unemployment.

Josiah Turner, who had been making sewing machines in London, set up the Coventry Sewing Machine Company and moved to the Midlands. His nephew, Rowley Turner, the firm's Paris agent, urged him to make bicycles—whose development was in the hands of the firm's engineer John Starley.

It was Starley's "safety" cycles that turned the tide. By the end of the century, Rover was ready to make cars and motorcycles. Imperial Rover motorcycles were built with belt drive and only one gear. These sold for £55 at first, and £49 once production got under way in 1912.

It was these motorcycles that the Russian army ordered in October 1914, and were still buying almost to the time of the October revolution three years later.

Rover was neither big enough, nor rich enough, to challenge Austin and Morris in the 1920s. Like other firms, it went into decline as the Great Depression approached. Publicity stunts made little difference.

A Rover 14/45 did 50 consecutive ascents of Bwlch-y-Groes, the mile-and-a-half hill in Wales regarded as a supreme test by motorists in 1925. The RAC, who observed the test awarded Rover the Dewar Trophy for "outstanding achievement". In 1926, the ponderous 9/20 saloon set out to see how far it could go on £5. With petrol at 1s 8½d (8½p) and oil at 5s 8d (28p) a gallon, it covered an astonishing 2,007 miles.

Best of all, Rover's publicity manager Dudley Noble took on the "Blue Train" from St Raphael in France in 1930, and raced it to Calais. He beat the express by 20 minutes averaging 38mph for the 750-odd miles.

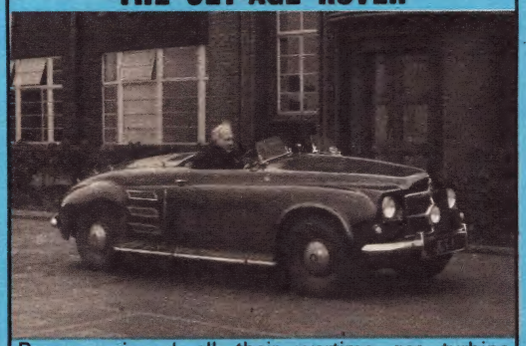
It was not enough, and to save money some of the Rover body sections were stamped on the same dies used for the humble Hillman Minx. By the late 1920s, the firm faced liquidation with, as motor analyst Graham Robson says in *The Rover Story* (Patrick Stephens Ltd, £5.95): "The wrong models at the wrong time, poor quality control, erratic sales forecasts and inexperienced management."

There was a boardroom revolt, and in came Spencer Wilks, who put Rover on the road to success. Wilks abandoned the competition with Austin and Morris. He sold fewer cars at a higher price instead. By 1935 debts, accumulated during the Depression, were cleared up. And by the following year shareholders were receiving their first real dividend since 1922.

Rover met the competition from Triumph, Wolseley, Lanchester and Armstrong-Siddeley with a series of cars that began with the P1, based on a closed, two-door four-seat coupe. It had taken the coachwork prize in the RAC Rally at Hastings, which so inspired Rover that they offered it as a catalogue model—called the Rover Hastings.

Rover style evolved from there, and when

THE JET-AGE ROVER



Rover assigned all their wartime gas turbine research to Rolls-Royce in exchange for the Meteor tank engine. While Rolls-Royce went on to develop into a jet aircraft engine giant, Rover went back to making cars. They never forgot their experience with the early Whittle jets however, and in 1950 ran the world's first gas turbine engined car. But, like other experimenters, they could not slake the engine's huge thirst, and the turbine project was abandoned. The car, JET 1 (above) was consigned to the Science Museum.

NATIONAL MOTOR MUSEUM, ROVER CO. LTD, THOMSON NEWSPAPERS, BRITISH LEYLAND

SKIRTS AGAIN

Today Rover go back to making the traditional quality car. Eric Dymock looks at the make that by the 1930s had become a symbol of the British Middle Class

WEDNESDAY

The company that supplied motorcycles to the Russians in time for the 1917 Revolution now brings you its latest model complete with walnut veneer and leather upholstery, and back comes the radiator grille

The P5 3-litre six-cylinder model of 1959 (above) was the first chassis-less Rover, and was followed in 1963 by the P6 2000 four-cylinder (above right). Its novel suspension and 100mph performance made it one of the most remarkable cars of the decade. The current SD1 V-8 cylinder (right) introduced in 1976 never had the same dignity

the P2 came in 1938 it was a recognisable descendent. The separate spare wheel was moulded into the luggage locker lid, but the upright grille and curving wings remained.

They remained that way until well after the war, when Rover, like everyone else had to re-introduce their pre-war designs, still with the free-standing headlamps and the Rover free-wheel—working rather like a bicycle free-wheel and not only improving fuel consumption, but making a useful contribution to the tranquil travel that was such a Rover hallmark. Now, in the 1980s, the importance of economy is making manufacturers take the free-wheel seriously again.

Bankers and accountants who ran Rover cars had a shock in the autumn of 1949, when the new "75" was revealed. Gone was the dignified radiator, and the beloved running boards. In their place was a car for which the styling model had been, of all things, an American Studebaker.

It might have been the end for Rover, risking the alienation of their traditional clientele. Instead, they took it in their stride. With the benefit of hindsight, Wilks' conservatism now appears ill-advised. He could have moved a little faster and met the Jaguar challenge head-on. But the 3-litre, introduced to do just that 10 years later, nearly failed because it was not fast enough to match the Mark X Jaguar.

Had he used Rover's engineering experience to the best advantage, he could have pre-empted not only Jaguar, but also the impending popularity of performance-oriented imports, such as the Volvo, BMW, Citroen, Fiat and Mercedes-Benz.

It was only with the Rover 2000 of 1963, with its novel suspension and panelled bodywork, that Auntie really lifted her skirts and ran. The supple ride, soaking up bumps with uncanny ease, and the 100mph performance made it one of the most remarkable cars of the decade. The 1968 3500, with the 3½-litre V-8 engine Rover bought from Buick, fully justified the Rover slogan, "One of Britain's Fine Cars."

Rovers, after the British Leyland takeover, were never quite the same. The current SD1 abandoned the 2000's astonishing (but expensive) springing system. The rounded lines of the big hatchback had never quite the same dignity; the facia was plastic, and the upholstery likewise, or else a furry velour instead of leather or West of England cloth.

Now, the 2000 is back. Rearwards visibility is improved, and the top of the range has leather and polished walnut again. In the battle for market share, Rover has once again gone after the quality market.

Will it sustain them ?

It is 1934 all over again. The hard-core middle class remains. They want the coach-built feel that Vanden Plas provides without the extravagance of the big V-8.

British Leyland is engaged in a new model programme which will change its entire range by about 1985. After the current Rover facelift comes the Allegro-Maxi hatchback in the spring. Next spring is the LM10, replacing the lacklustre Allegro, and the discontinued Maxi. In 1984 comes the LM11, replacing the Ital. And in 1985 the Princess and the Rover range amalgamate in another joint model with Honda.

This model will have a Honda engine, perhaps based on a jewel-like V-6 2-litre racing unit, while the suspension and body engineering will be in the hands of the brilliant Spen King, of the same dynasty that has run Rover since his uncle, Spencer Wilks saved the day 50 years ago.

But when the mini-skirted West meets the Kimono-clad East, will Auntie's loyal followers hitch up their skirts in horror and flee? Only time will tell.

FANCY A CLASSIC ROVER?

See what you get for your money against a new car

1979 Rover 3500S	£6,625	120mph	18-20mpg
New Ford Cortina Ghia 2300	£6,897	103mph	22-24mpg

Budget a nearly new 3500S against a brand-new Cortina Ghia—the penalty is a higher fuel consumption against a bonus of more speed, space and luxury.

1975 Rover 3500	£1,925	117mph	17-21mpg
New Mini-Metro HLE	£4,198	95mph	31-35mpg
1973 Rover 2000	£1,000	105mph	23-26mpg
New Vauxhall Chevette ES	£3,233	90mph	30-33mpg

For an older Rover allow a margin to look after repairs and maintenance. The £2,000-odd difference will take care of the extra fuel and repair bills.

Rover P5B (1958-73)	£750	110mph	17-22mpg
New Fiat 126	£2,190	65mph	38-40mpg

Pre-1973 Rover prices depend on conditions. Adrian Mitchell of the Rover Sports Register says that prices of P5Bs range from £40 to £4,000, but don't expect to pay less than £750 for one in good nick.

Rover 90/100 (1956-60)	£750	100mph	18-24mpg
New Polski Fiat (FSO)	£2,575	90mph	28-31mpg

A 1956 one-owner Rover 90 was recently advertised for £600, with only 21,000 miles on the clock. Classic cars, like antique furniture, are usually judged on workmanship, when new, and how well they have weathered the years.

JAMAICA

It is difficult to hurry in Jamaica. There is something in the Caribbean nature which prevents it.

Perhaps it's the result of the sunshine. Or the fact that nowhere in Jamaica is more than a few miles from a spectacular, uncluttered beach.

Come here and before long the lazy side of your personality will predominate. You will spend long, indolent hours working on your tan. For some the most energetic activity undertaken in a fortnight's holiday is a long, slow drift down the Rio Grande on a raft.

Others are stronger willed. They windsurf or swim. Even play golf. But, we fancy, they do it all a little more slowly than they would at home.

Discover Jamaica.
And a slower pace.

Air Florida FOR FURTHER DETAILS, CONTACT THE JAMAICA TOURIST BOARD AT 50 ST. JAMES'S STREET, LONDON SW1. TELEPHONE: 01-493 3647 OR 01-499 1707/8.

AQUARIUS
January 21-February 18

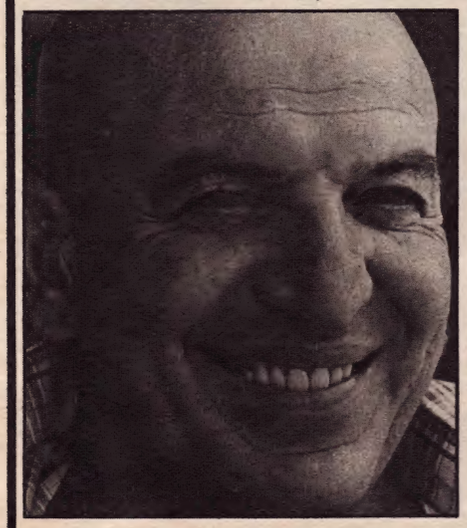
The Aquarian character is like a snowscape: crisp, unreal, transforming something familiar into a crystalline new vision of life.

In much the same way, Aquarians have the capacity to see life from an unusual standpoint, they can spot things that the rest of us might not. They're fond of analysing situations and people.

Their main motivation in life is the pursuit of truth. This may be the objective truth of science, the well-meaning truth of the social reformer, or the surrealist truth of the comedian. A great many comics are born under the sign.

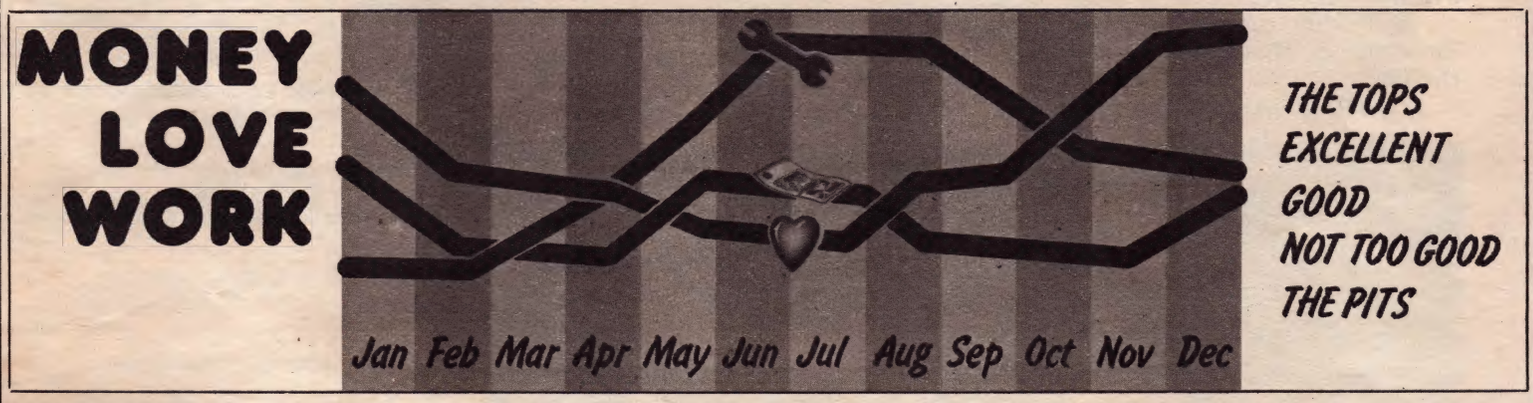
Aquarians—symbolised by the water bearer—are highly independent creatures. They need to go their own way, and love to be different from the mass of people. They are cool, calm and collected in a crisis, and like to think that they are unshockable.

Space travel is a typical Aquarian pursuit, as is science fiction. Their motto is: "Mind Over Matter"; for they love to feel that they can do anything, go anywhere, conquer any pain or fear—through sheer guts and willpower.



ASTROLOGICAL TWINS are people who were born on the same day of the same year. Fifty-seven years ago today, two marvellous performers were born—Telly Savalas (above) in New York and Benny Hill (above right) in Southampton. They are similar in many ways. Both have the same cold charm. They both like to appear unconventional (nobody asked Telly to shave his head) and both are very observant about life (Benny's comedy is full of subtle little touches). They are perfectionists too, liking to run their own shows. But on top of that they treasure their independence. Astrologically, both are in for a shock in 1982.

THE GREAT BEAR, Jack Nicklaus, is 42 today and soon starts his 24th year in professional golf. He is the incomparable master—not only of the game, but also in his character as a man. He embodies the Aquarian virtues: calm strength, the ability to inspire others, a respect for logic and a delight in pleasing others. I hope he wins an Open or two, but fear that 1982 will belong to Tom Watson.



AQUARIUS: Here's what the stars hold in store for the year ahead

WINTER 1982
Year starts in a go-getting mood. A restless, ambitious time

SPRING 1982
Stretch your mind. An excellent time for sport and charity

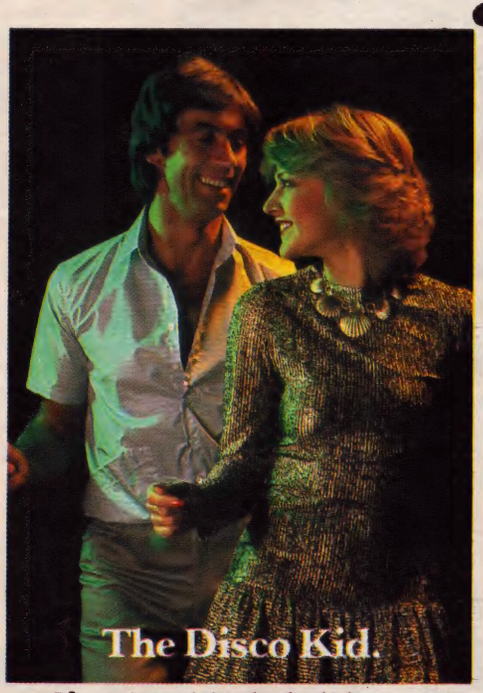
SUMMER 1982
Enterprise and a romance may blossom. You could get the bug!

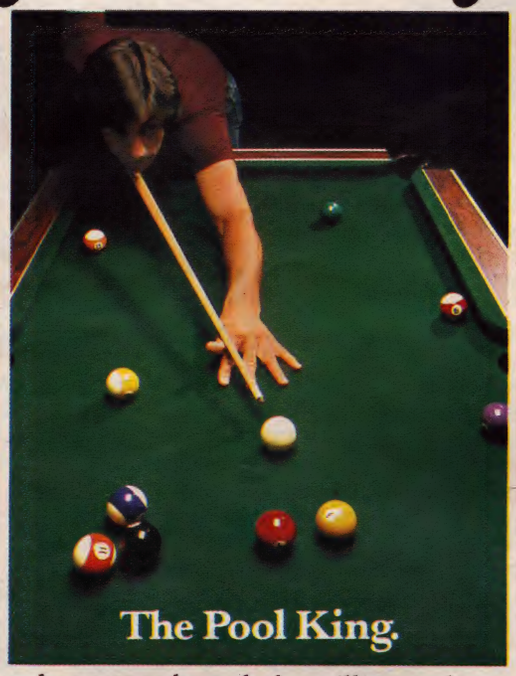
AUTUMN 1982
Good for marriage. You should be lucky with money too

Aquarians note: You are good at teamwork. Don't rebel too much

REX FEATURES. SPORTING PICTURES. GRAPH BD STEWART. ILLUSTRATION LESLIE HOWELL

At last, holiday centres that let you be yourself.





If you've visited a holiday centre before, you'll know that the kind of entertainments and amusements you see in our pictures above are just what you'd expect.

Yet while we like to think of our range of sports, our beaches, our swimming pools, and our shows as second to none, the real difference of a Ladbroke Holiday doesn't lie in a list of facilities.

It's to be found in our outlook: while we're always happy to organise your holiday, we'll never organise you.

A difference to make all the difference.

Obviously, some organisation is necessary to the smooth running of a holiday centre.

But when organisation becomes interference, that's where we draw the line.

Our Bluecoats, for instance, whilst always ready to help, will never be found urging you to 'join in'.

And because running a smaller holiday centre is, naturally, more relaxed, we believe you'll find our staff a friendly, as well as helpful lot.

Ladbroke Holidays By-The-Sea.

All our locations are chosen carefully. First, to be by the sea, and second to be set in a popular seaside resort.

We now have 19 centres in such places as Great Yarmouth, Scarborough, Isle of Wight, the South Coast, Devon, Cornwall and Wales.

A holiday for all the family.

Cabarets and night clubs are fine for you. But what about the kids?

Well, this is one area where we do take an active part in your holiday.

So that while you're enjoying yourselves, the kids are being safely looked after with competitions, talent contests, magic shows and so on.

As for your accommodation, quite simply, we believe that your family's holiday home, be it chalet or caravan, should be as comfortable and clean as your own home.

Your choice.

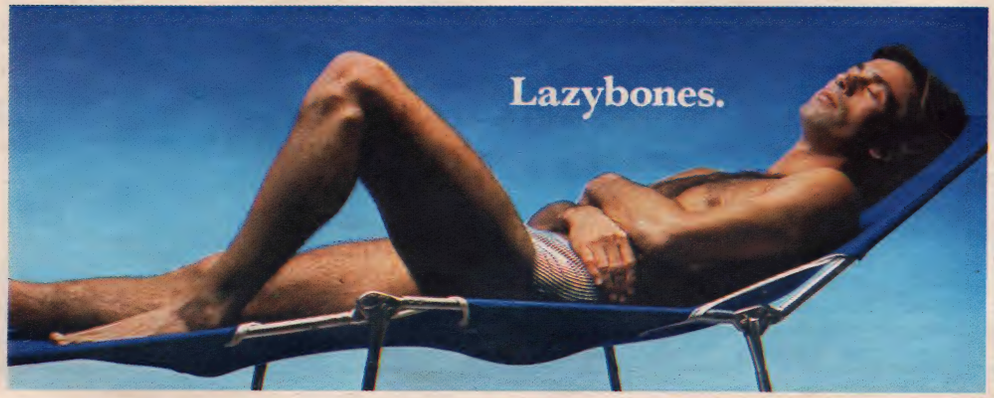
Basically, it's between holidays inclusive of one, two or three meals a day and self-catering in a chalet or caravan.

But, for the full details, you really need our brochure.

And you can get that simply by filling in the coupon.

Ladbroke Holidays

We'll organise your holiday, but we'll never organise you.



To: Ladbroke Holidays, P.O. Box 137, Watford WD1 1DN.
Please send me your free colour brochure for 1982.

Name _____

Address _____

_____ SD03

Please send one to a friend of mine as well.

Name _____

Address _____

_____ SD04

Or phone for your brochure(s) day or night, Watford (0923) 44400.

THE 20-MINUTE BARGAIN FEAST FOR FOUR

THURSDAY **With three hours and £24 each to spend, eight chefs will be creating a gourmet meal for four today in a bid for the title of Chef of the Year. But who can afford that type of money, or time, to entertain their friends? We asked Michael Barry, London's Capital Radio's crafty cook and author of two super cook books, to create an exotic meal to beat the clock and suit our pockets**

JOHN IRELAND

You can begin to understand why restaurant bills make your eyes water these days when the competitors in the finals of the Chef of the Year contest at the Hotelympia Exhibition, Olympia, London, are allowed £6 a head for the food for a meal for four!

For most of us, the reality is a little different. Three hours to cook it in is a bit optimistic, too, though it gives you the time to hire the butler to go with the kind of life you must lead.

No, in real life it's: rush home from work, cook and lay the table at the same time and hope there's going to be 10 minutes to have a bath and change before everyone arrives. *And* you have to keep within the week's housekeeping allowance without too many special shopping expeditions. Does that sound familiar? If it does, then I have the meal for you!

But first, let's see what you could do if you had £24 to spend on feeding four people. The options would be wide open—just buy some smoked salmon, a fillet of beef and a jar of French preserved peaches and you need hardly cook at all. Your meal could be steak with shrimps mixed with soured cream, rolled in cornets of thinly sliced smoked salmon, and buttered brown bread—with the crusts off, of course—to go with it. Then the fillet of beef seared in butter in a hot pan, roasted in a hot oven for just 10 minutes to the pound, then sliced and served with a sauce made of double cream and mustard which has been brought to the boil in the pan that the beef was originally cooked in. For dessert, preserved peaches sliced into champagne glasses, half filled with ice-cream and Mexican honey and topped with crushed almond macaroons.

Easily done with the money available!

But cooking and eating in gourmet style on a more restricted budget needs a different approach. Let's say three courses for four people for £6 and in 20 minutes—impossible? It's amazing how you can jazz up a couple of cans of soup to make a fancy sounding "bisque", some chicken pieces and a packet of powdered dessert by just adding a few exotic extras like soured cream and almonds here and there. Here's my high-speed bargain menu: it's a sumptuous meal beginning with luxurious lobster soup spiked with whole peeled prawns and enlivened with soured cream. Serve it with hot French bread. The boneless chicken escalopes are really good all-meat value and, in a succulent sauce of honey and lemon, they have a hint of exotic sweet and sour without tasting too unusual. They look lovely too—golden against the white of the easy-to-cook pasta and the green whole beans cooked in butter with skinned, flaked almonds.

For maximum effect, the deep purple and bright orange dessert should be served in wine glasses. The crispness of a thin butter biscuit makes the creamy texture of the mousse doubly delicious.

— MENU —

STARTER
Lobster and Shrimp Bisque
MAIN COURSE
Lemon and Honey Chicken served with Pasta Shells and Green Beans with Almonds
DESSERT
Orange and Blackcurrant Mousse with Butter Biscuits

Of course, you can take longer to cook the meal if you like and do it in any order that you fancy. Only if you really do want to do it in 20 minutes, you'll have to copy the order in which I cook it overleaf.

I have given an average price for each ingredient, which you should be able to buy from your local supermarket or store, but I have left out things like salt and pepper, bread and butter, coffee and after-dinner mints and a few store-cupboard ingredients.

Shopping list: 2 cans lobster soup, 35p each (J. Sainsbury and Tesco do it); 2oz peeled prawns, 45p; ¼-pint carton soured cream, 33p; 4 chicken breast fillets, £1.90 (Marks & Spencer and Tesco do them); 1 packet whole frozen green beans, 42p; 1 packet pasta shells, 35p; 1 small packet flaked almonds, 45p; 1 packet blackcurrant Angel Delight, 40p; ½ pint milk, 10p; ½ pint natural unsweetened yogurt, 25p; 1 packet buttery biscuits, 35p; 1 small tin mandarin oranges, 28p. A grand total of £5.98.

You will also need 1 tablespoon cooking oil; 1 tablespoon honey; the finely-grated rind and juice of 1

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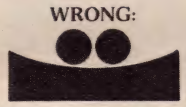

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lemon; 2 tablespoons butter and some flour (optional), all of which you are likely to have in your store cupboard.

THE CRAFTY COOK'S 20-MINUTE COUNTDOWN

Put a large saucepan of hot water to boil with 1 teaspoon salt and 1 tablespoon of cooking oil.

Heat half the butter in a frying pan until it stops sizzling. Add the chicken breasts (turned first in a little flour if you like). Fry them until they are golden brown on each side (about 3 minutes) then put lid on the pan and turn heat right down.

Mix the Angel Delight with half the milk recommended on the packet and the other half natural yogurt. Pour it into the wine glasses, stir in the drained mandarins and place in the fridge to set.

Turn the chicken and add a glass of water with the juice and rind of the lemon and 1 tablespoon honey. Season well. Bring to boiling point; cover and simmer.

Open cans of soup and heat contents gently in a saucepan. Do not boil.

Empty pasta shells into the now boiling water. Stir and then boil for 3 minutes.

Put frozen beans in a saucepan with 1 tablespoon butter over maximum heat. Put lid on pan and toss for 1 minute, then turn down heat and leave the lid on. Turn off heat under pasta and cover until ready to serve.

Add the prawns to soup, stir and pour into warmed dish. Swirl in the soured cream.

Shake the beans; add the almonds and turn off heat under both beans and chicken. Now you can sit down to eat.

It really is as easy as that. You can make the pudding up to 2 hours in advance if you want to, without it spoiling, and the pasta will be fine for up to 15 minutes after you switch it off. Make sure you drain it thoroughly before you eat it. Serve the dessert with the crispy butter biscuits.

It is a really terrific meal to serve to your guests or to an appreciative family. Just don't admit it only took 20 minutes to prepare. They would never believe you anyway!

MORE CRAFTY COOKING

Love the chicken, but like to ring the changes with the starter and the sweet? Here are two luxury-taste starters and a snazzy sweet course.

Tomato and Orange Soup

This will taste as if it's made of the freshest, finest ingredients. You need:

1 can Italian peeled tomatoes; 1 level teaspoon basil; 2 cups fresh or carton orange juice (not canned); salt and pepper; grated rind of 1 orange.

Blend contents of can of tomatoes until smooth; mix in basil (if used). Pour into pan and add the orange juice. Heat until boiling. Taste to see if it needs salt and pepper. Scatter grated orange rind on top and serve.

Perfect Pâté

If pâté is more to your fancy, here's a deliciously easy one—it does need to spend 20 minutes in the fridge. You need:

3oz butter; 8oz liver sausage; 1 level teaspoon garlic salt; 1 tablespoon lemon juice.

Melt the butter in a small pan. Mash the skinless liver sausage with the garlic salt and the lemon juice. Mix in most of the hot butter and mash again. It will end up very smooth. Pack it into little dishes. Spoon a little melted butter on top of each one. Chill in the fridge for 30 minutes. Then serve with hot toast.

Apricot Brulé

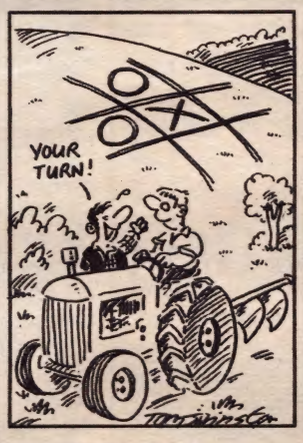
Yearn for a posh dessert that will taste as if you've spent a fortune? You will need:

1 can apricot halves; 4 pieces crystallised ginger; 4 tablespoons caster sugar.

Purée the apricots in a blender or push through a sieve. Slice the ginger and mix it with the apricot purée and juice from can. Put the mixture into 4 small grill-proof/fireproof bowls. Leave for a couple of minutes to firm up (or it will sit quite happily in the fridge all day). Just before serving, sprinkle with sugar and put under a fiercely hot grill for 2 minutes. The sugar will melt and bubble. Don't leave it under the grill for more than 2 minutes, or the apricots will cook. Allow the sugar to cool and set for 1 minute. Serve with lots of lightly whipped double cream.

THE END of the top-quality British shuttlecock is nigh. They depend on European feathers, but continental geese, bred for pâté, are producing ever-inferior flights—and each 1/5oz shuttlecock takes 16 feathers. There are only eight suitable feathers on each wing and right- and left-wing feathers are never mixed. Without European feathers, badminton meetings like today's Scottish Championships, will soon be depending on imported shuttlecocks from Taiwan.

DUBBED QUEEN OF SOUL for her impassioned vocal style, Aretha Franklin is inspiration to scores of singers. But in recent years she has turned her extraordinary voice to the gospel songs of her childhood—when she toured in the choir of her father, the Rev. C. L. Franklin, who himself made over 70 gospel albums. But today sees a single release featuring a more familiar Aretha, in a reworked soul standard *Hold On I'm Coming* (Arista).



THE UNDER 30s Conference opens at the Farmers' Club, Whitehall Court today.

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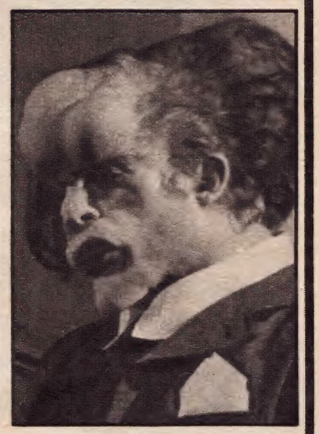
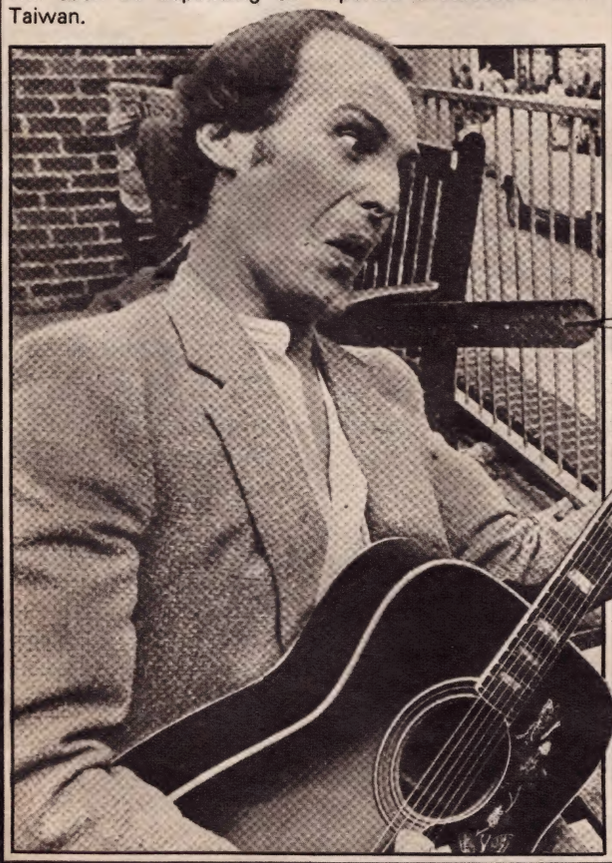
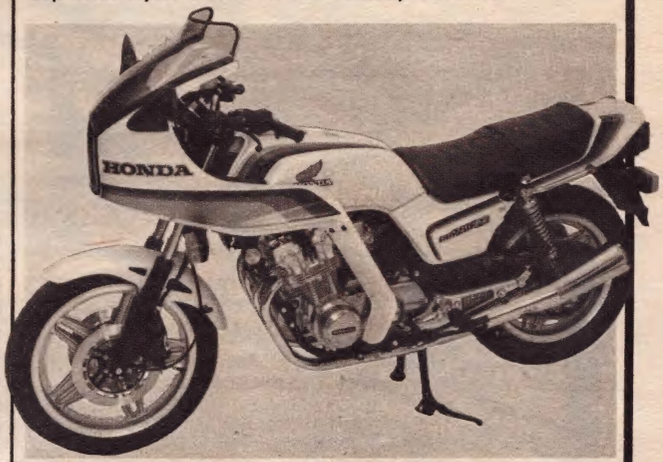


A DECADENT ROMAN EMPEROR, a grotesque Victorian freak, a drug addict and Jesus Christ—John Hurt's acting successes are something to celebrate on his 42nd birthday in America, today. Typecasting has hardly been a problem in a career which has taken him from roles in *I Claudius* to *Elephant Man.* He's soon to be seen as an East German defector in Walt Disney's *Night Crossing* and a New York cop with Ryan O'Neal in the comedy, *Partners.*



ONE NIGHT, comedian Jon Benns is totally new to his audience; the next he needs a security man at the stage door. "I guess that's what being a cult is all about," he says. Ever-controversial, "I'm out to talk about sex and drugs and rock 'n' roll", his role as a suspicious character in *Crossroads* when the motel burned down earned him bricks through his windows. He's sure of finding fans tonight, at his old haunt, the Polytechnic of Wales, Treforest.



LEARNER RIDERS WILL BE LOOKING for smaller motor bikes at the Stoke-on-Trent Motorcycle Show which opens today. They need to buy one of 125cc, instead of the bigger 250cc variety they might have set their hearts on—unless they are confident of passing their test by October 1. That's when new regulations take effect confining learner riders to less powerful bikes. Motorcycle salesmen think it's too soon because it's affecting sales already. They want it put off till spring '83—a year after the new two-part test starts in just over two months time—to help phase in production.

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BASKETB

FRIDAY The basketball game is big money in America and Britain is jumping on the bandwagon with a vengeance. Today, both teams have their final gruelling training shakedowns for tomorrow's ASDA Cup final being held in Leicester

In the heart of the bowl in front of 30,000 seated, sweating, beer-drinking bodies, the cheerleaders hurl themselves into their chants, whipping their long-legged, thigh-high skirted charges into a frenzy. In sleazy bars and cranking call-boxes across the country, phones jangle and callers curse as they try to get "the spread"—the all-important points start the bookies have decided to give on tonight's GAME . . . For in America, The Game is huge money at both college and professional levels. Seven-foot "stars" who can jump and dribble, but barely grunt, can get a college degree and a handsome income from the multi-billion-dollar basketball business.

Can it happen here? Will the nobbling, the needles and the razzmatazz rub off on Britain's fast growing new sport? It could happen. In just nine years, fans at National League matches have jumped to an amazing 220,000.

Seven years ago less than a quarter of a million kids played basketball in schools and now there are 1,150,000 and there are almost 1,000 clubs playing in senior local leagues. As the sport spreads so does the big money for sponsorship—upwards of a £¼ million this season alone. Basketball is being dubbed the sport of the Eighties and Britain and Europe are following the American lead, using Americans as a nucleus, to get on the bandwagon.

In the US, a top basketball player changes hands like a piece of rare meat for millions of dollars. While in Britain the super scorers are pulling £15,000 a season, with a car, flat and regular holidays thrown in.

What has turned the fans on here? Peter Sprogis, an American spokesman for the English Basketball Association, says that a lot is to do with the comfort and warmth of covered stadiums. "And it's the closeness of the play. The people in the front seats sometimes are only three feet away from the action."

The basketball venues are bulging in Britain. Tomorrow's final of the ASDA Cup—basketball's answer to the FA Cup—at the Grenby Halls, Leicester has long sold out its 3,000 capacity. Last year's National Championships at Wembley seated 16,000 over two days so this year an extra 2,000 seats will be wheeled in.

Britain is jumping on the razzmatazz with a vengeance.

Spotlights follow the players as they do their two minute warm-up. The theme from *Jaws* pounds through the stadium and in tomorrow's final, a 20-piece band will play through the "time-outs" and also during the

PHOTO: ALEXANDRA SINLAYSON

ALL RAZZMATAZZ

TIEDEMANN: SPORTS ILLUSTRATED © TIME INC.

Millionaire owner of the Solent team, Harry Smith reckons the basketball game is going to be big business: "And I want part of the action."

10-minute half-time break. The Solent team, finalists in the championships have the first squad of cheer-leaders in the British league and the girls are so keen they are going to train in America this year.

Solent, like the Crystal Palace champions of the past few years, has been created just to get to the top. The team didn't exist until two years ago. Last year, it sliced through the second division and got within a point of winning the ASDA.

The man who owns the team is millionaire former-property-developer Harry Smith, who first got hooked on the game as a corporal with the British Army in Korea. He gave up most of his business interests to concentrate, at the age of 48, on making the Solent team superstars. So far, he reckons he's outlayed £100,000, but he's also started a health club in which to employ his players. He says he sees a rosy future televising the sport: "Just look at snooker, or darts. Basketball is the next television moneyspinner. And I want part of the action."

Smith, like Crystal Palace, went to America for the nucleus of his team. There he found Jim Guymon, Tom Wisman and Mark Saiers, a giant defensive centre.

Wisman, with a master's degree in physical education, is the Solent coach, the new coach for England, and would like to take a Great Britain team to a successful Olympics.

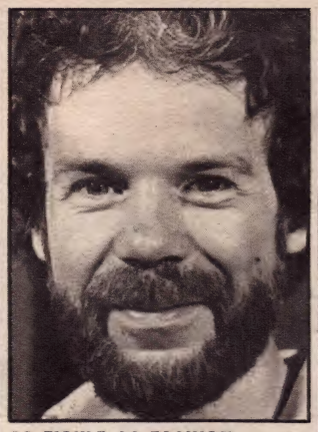
Wisman doesn't pull punches. His Solent team trains on the latest Nautilus apparatus shipped specially from America. He knows the pressures of American coaching and is adapting them for training here. He says Smith didn't just want a basketball team in Southampton he wanted the town saturated. "He approached it professionally. He put the money up and he hired the best. That's the only way to the top in this business. Basketball is the only sport where almost every muscle in the body is in constant use. If the men aren't fit, the injury rate can be incredible. But we're not just concentrating on the top team. We've got our players coaching in the schools and promoting the game all over the district. We want English kids in the team."

One is Nic Burns, at seven feet the tallest player in the league. "But", says coach Wisman, "you don't have to be tall to be a top player. Alton Byrd from Crystal Palace has been voted the most valuable player by the Basketball Association the past two seasons and he's only five feet eight."

Les Wilson

EXPERIMENTAL PHOTOGRAPHY of the 20s and 30s goes on show in Sheffield, today.

SEE THE WORLD'S highest-ever wire walker. See the world's deadliest fish. They're on view on ITV tonight in *David Frost Presents the Guinness Book of Records*, an American-made programme about the longest tallest, shortest and highest, in fact, some of the most spectacular superlatives in the world. Co-hosting the programme with Frost is the lovely Jamie Lee-Curtis, film-actress daughter of Tony Curtis and Janet Leigh. Together, Frost and Jamie visit Switzerland to meet the wire-walker, and South America for the piranha fish, while Norris McWhirter adjudicates on the always amazing records.



AS FICKLE AS FASHION are the fortunes of dress designers. But Bill Gibb can celebrate his 39th birthday today with the thought that *his* future looks steady. Although his firms have twice gone bankrupt, that hasn't stopped him winning awards like Designer of the Year. And now Harrods have created the post of Design Consultant just for him. They will sell his knitwear at £30 upwards, and this month they introduce his new line of jeans.

DRESSED MUCH BETTER than the originals, 500 amateur soldiers of the Sealed Knot will recreate the 1644 siege of Nantwich, today. Many have paid £100 for their boots and £20 for a sword. "In 1644 people just wore what they had," says organiser Major Gillitt.

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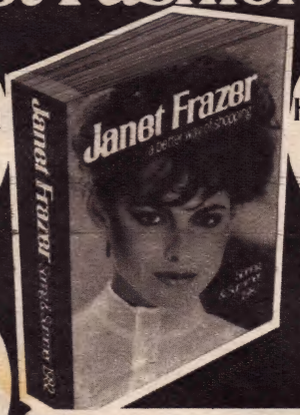

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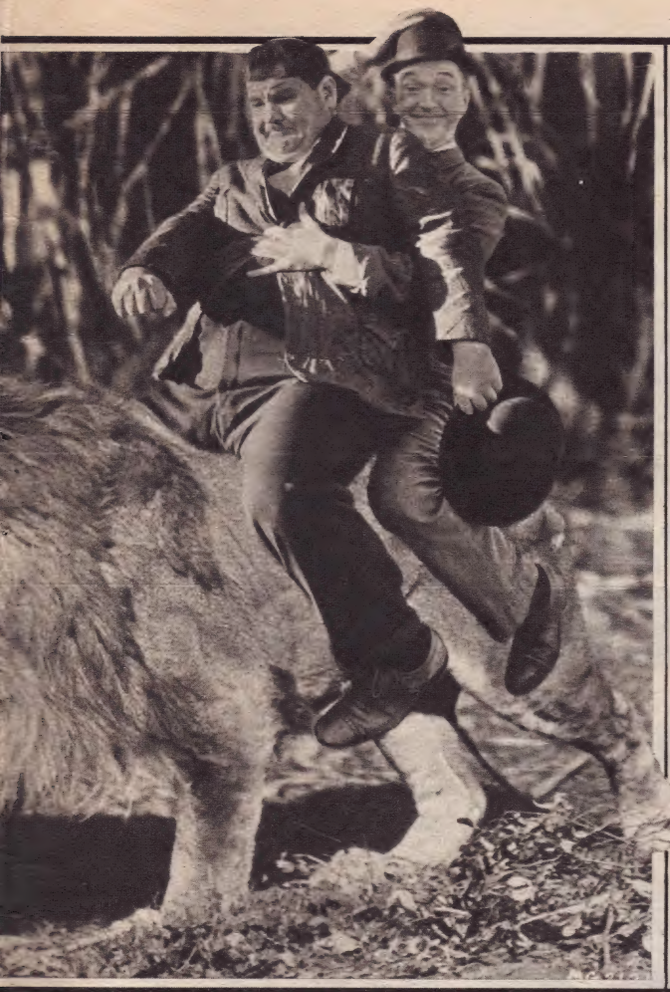

THE SONS OF THE DESERT was founded by Stan Laurel, and the London branch, or tent, now boasts 250 members including Laurel and Hardy fan Larry Grayson. When Laurel's daughter, Lois, came to visit, she ended up marrying Tony Hawes, the voice behind the prizes on *The Generation Game*. Tonight the London tent will be watching home movies of Laurel, Hardy, and baby Lois.

THE WORLD CHAMPION MOTOR RACING SEASON gets under way today, at the Kyalami track near Johannesburg, with the South African Grand Prix. This year, 15 races are expected to count for the title of champion racing driver. Yet the odds are long on Brazilian Nelson Picquet defending his title against the likes of Alain Prost for another year. Nobody has won two years in a row since Sir Jack Brabham in 1959-60. More certain are the riches that follow the world crown. James Hunt, Jody Scheckter, Jackie Stewart and Emerson Fittipaldi all retired millionaires. So did Niki Lauder, but this year he's under considerable pressure to earn a million or so more on the circuits to help keep his struggling airline flying.

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GOING NATIVE

The quiet lap of water, a sunny water meadow—life on a gently meandering boating holiday is often just the respite Britain's top celebrities need at the end of a hectic year of filming for TV and public appearances. This week SUNDAY goes native on our BRITAIN inland waterways and gets some first-hand knowledge from the stars who know the ropes. First, TV's celebrated quizmaster, Nicholas Parsons who, although never claiming to be the sailor of the century, has spent a lot of his time afloat

SLOW BOAT TO NOWHERE

ROD SHONE

Justin was 11 and Suzy 13 when we first went on a family holiday on the Norfolk Broads, and they had the time of their lives. I had the time of my life, too, just taking it easy. It was the most relaxing holiday I've ever had.

The first thing you must realise is that you aren't going anywhere in a hurry. On a two-week boating holiday you will probably cover the same distance that a car would in a couple of hours. So, right away, there is no urge to rush, as there is in many other holidays. And by slowing down you can actually see more, and not less, of the good things of life.

And there are plenty of good things. As well as the Norfolk Broads, Britain has an integrated network of canals and rivers that's over 2,000 miles in length. Stretching from Ripon, Yorkshire, in the north to Godalming, Surrey, in the south, and Cambridge in the east to Llangollen, Clwyd, in the west, the biggest boat-hire industry in the world has sprung up along its banks.

One of our favourite holidays was on a narrow boat from Reading Marine. In the traditional canal-boat style, it was designed for navigating locks, bridges and tunnels. That's where the traditional bit ends, though, because it's fitted with central heating, electricity, flush-loos, stereo radio, shower, a modern kitchen and even a television set.

Sailing boats come equally well equipped and companies like Hoseasons offer them for hire with a choice of either sail-by-yourself or "flotilla" sailing. But if you prefer stately lack of progress, there are the large houseboats for hire—usually with a rowing boat attached.

We had a motor cruiser on the Broads. They are particularly easy to drive, with wheel steering like a car and a single lever to control forward and reverse.

The cost of hiring depends on the type of boat, the number of berths and the time of year, but you should budget for about £30 upwards, per person per week. Add to that the cost of food and fuel during the holiday.

A useful tip is to remember to avoid bringing too many clothes. First of all, space is at a premium and, second, the times you are likely to want to wear a suit, or your wife a formal dress, are just about nil. Most of the restaurants along the waterways allow you in without ties and jackets, and they'd almost certainly go broke if they banned the wearing of jeans.

Boating holidays are great for Dad. He can either play at being Captain Hornblower, or let the kids take over. Children enjoy helping to operate the locks and messing about with ropes. I enjoy the glorious peace and tranquility of it all.

There is plenty to do other than just sit and stare, of course. Ever since the British Waterways Board and other organisations started their vigorous clean-up campaigns, there have been far more fish in the waters. So you can buy a permit and have a good chance of successfully fishing for roach, perch, pike, dace and other coarse fish. Not to everyone's taste, but when a young member of the family catches one, it's an extra holiday thrill at dinner time.

Be particularly careful not to leave behind bits of line. They can get tangled in birds' legs. And, equally important, don't drop lead weights. Swans eat them and suffer from lead poisoning. The country's stock of these graceful creatures is being wiped out by bad fishing habits.

A waterway holiday has one main advantage over sea sailing. You can get out and walk. And you haven't walked, until you've strolled along the sides of canals and rivers with all the wildlife and flora to enjoy.

Towpaths are the ideal places for nature study, bird watching, photography and sketching. Small mammals and birds and colourful plants also flourish around the canals of even huge and apparently polluted cities like London, Leeds and Birmingham.

There's plenty for those interested in history, too. Canals have been called "liquid history", and there are many monuments to enjoy along the banks. The canals of Oxford and Cambridge are legendary for their beauty and historical interest and, further north, Stratford's newly restored Upper Avon Navigation is a delight to spend time on.

In Lancashire you can thread past the imperial cotton mills and slide smoothly by the silk mills of Cheshire. Naturally you can't do them all at once. At the customary 4mph, it would take you a few years of holidaying to cover it all. Then you'd want to go back and explore the exquisite backwaters that attracted you most.

Some years ago I was chastised for criticising the amenities provided by the Norfolk Broads. I said that the British don't know how to make the most of their beautiful places.

Well, this year, I believe the birds are coming home to roost. With the recession, customers are demanding more and better value of their money. Some boat prices have come down and smaller companies are clubbing together in groups—like the Blue Riband Club—to provide high-quality facilities on their boats. Maybe the tourist authorities and restaurateurs will also make the extra effort needed to make British boating holidays unbeatable. As it is, they are the best and least expensive way I know to unwind and enjoy yourself at your own pace and in superb surroundings.

Next week: Ed Stewart Goes Native in Italy

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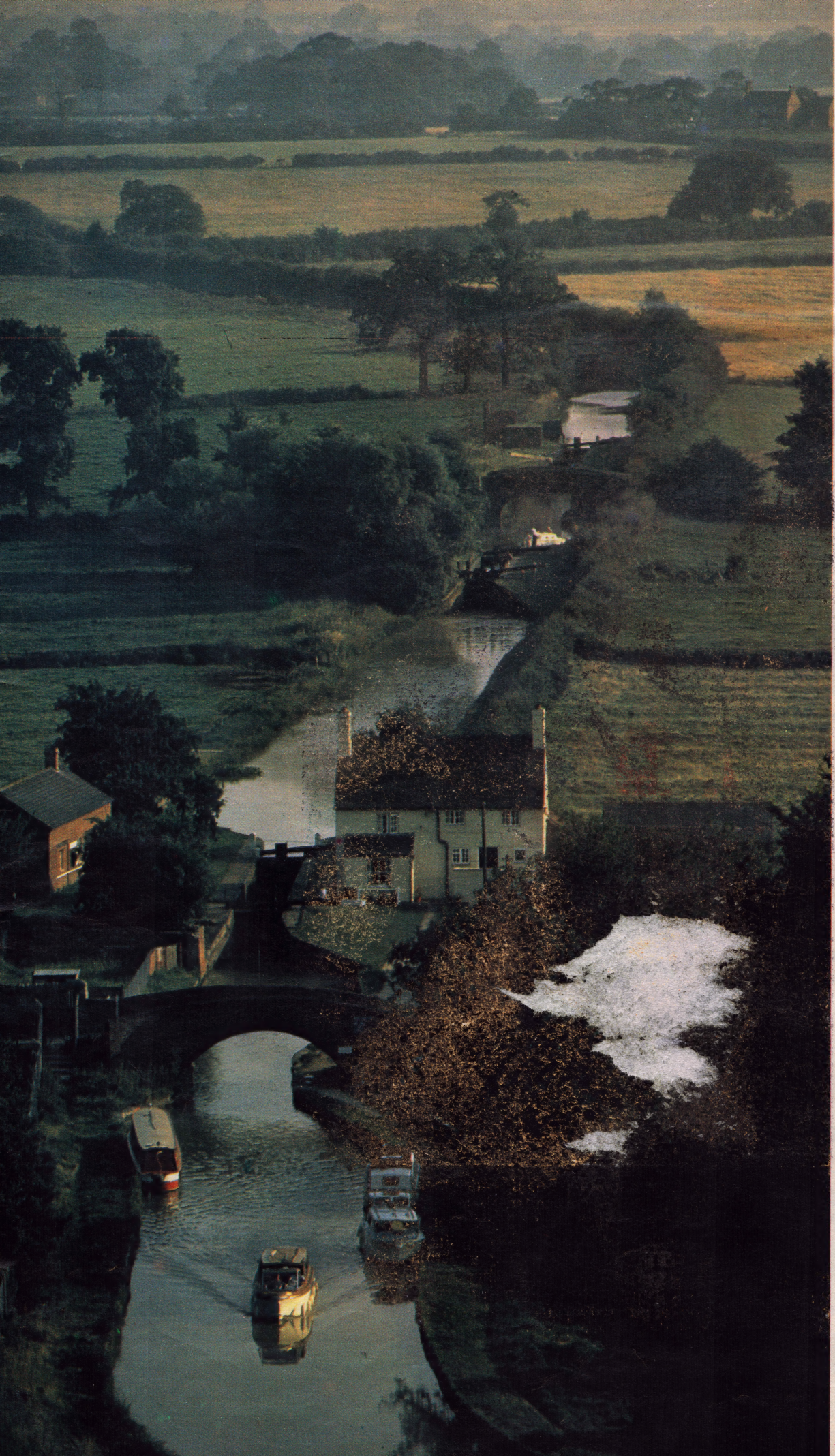


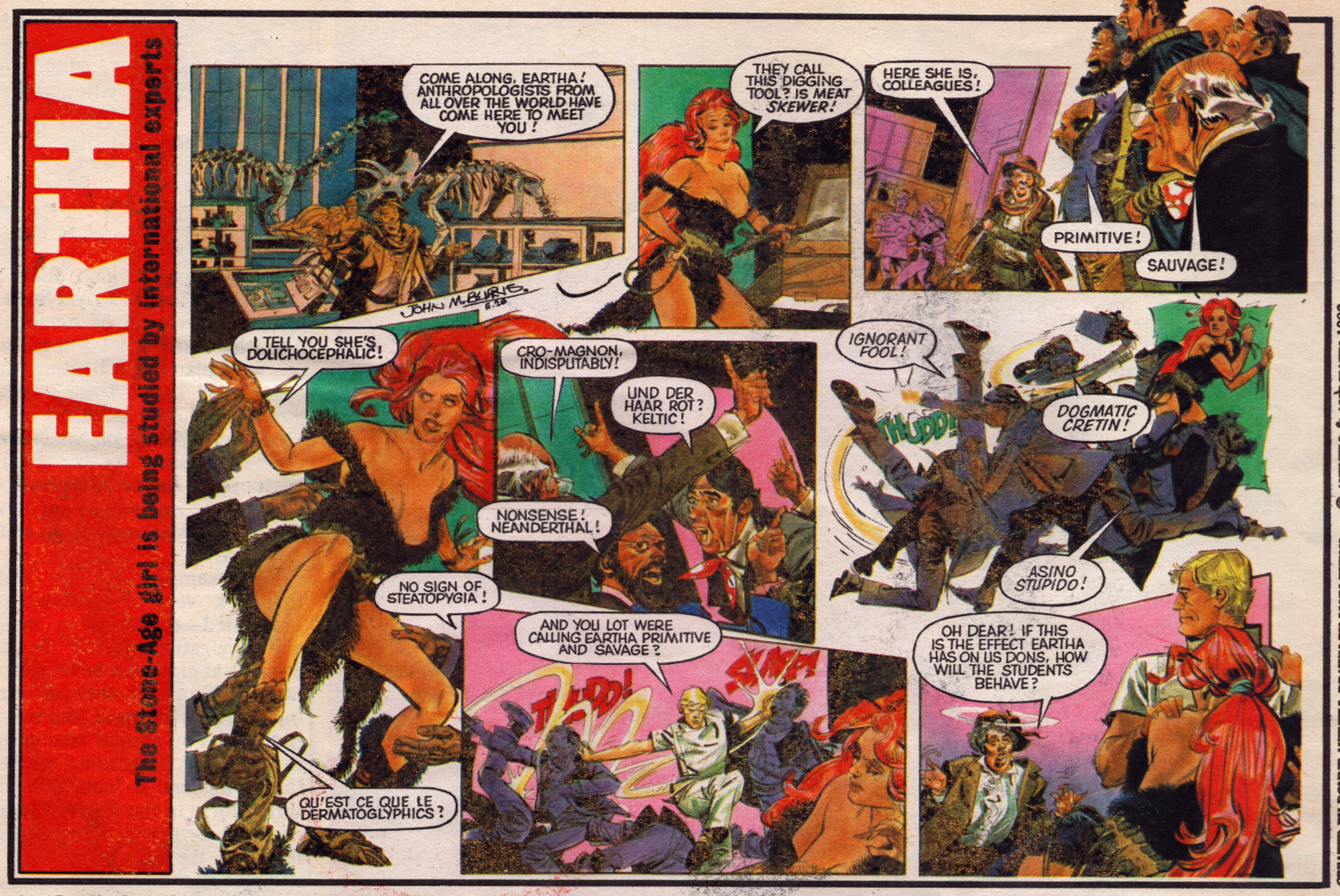
Rolf Harris shows how to play safe when you're boating

"I'm making a video film on water safety for the Royal Society for the Prevention of Accidents. And there are some things that everyone planning a boating holiday should know. Each licensed hire boat should have on board a booklet *Boating on the Waterways*, published by the British Waterways Board. As well as giving practical advice on boating, it has a vital section on water safety.

For example, do you know that it's very dangerous—and prohibited—to swim in canals and navigating rivers? Or that cruising at night can be dangerous because it's all too easy for someone to fall overboard and not be noticed? You should also ensure that no one is standing where a bump against a lock wall can throw them in the water. Finally, never let anyone at all dangle their legs over the edge of the boat as they can all too easily be crushed."

Anita Harris has learned how not to make waves on the water

"I had my first marriage proposal on a rowing boat on the River Send. My husband Mike had hired it for the purpose, but he ran aground—both with the boat and the proposal. Seven years later I changed my mind and we celebrated a recent anniversary by hiring a Thames' motor cruiser. I adore boating, but it's essential to know how to swim. Knowing the waterways 'rules of the road' is also important if you want a trouble-free holiday. First, always keep to the *right* when you pass another boat coming from the opposite direction. If you can't pass on the right, for example when a boat is being towed from the towing path, pass on the left. But warn other river users by sounding your horn *twice*. Finally, observe the speed limit. This is usually 4mph, but slow down when you're passing fishermen or moored boats."



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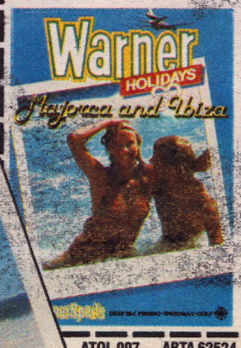

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